

October 2024



- 🎵 Music ❤️ Health ☀️ Outings ♠️ Fun
- ♣️ Inspiration ♦️ Education ∞ Spirituality

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><u>ALL EVENTS ARE SUBJECT TO CHANGE</u></p> <p>Refer to <u>Daily Calendars</u> and/or In-House TV Ch. 97</p>	<p>MOVIES Will be played from Amazon Prime this month</p>	<p style="text-align: right;">1</p> <p>10:30 ♥ Exercise (GR) – Zumba 2:00 ♣️ Painting Class 101 (AR) 2:00 ♥ Snack (CK) - Brownies 2:30 ♠️ Independent Activities (AR) 6:30 ♠️ Movie: (GR) – Sweet Home Alabama</p>	<p style="text-align: right;">2</p> <p>Rosh Hashanah begins at sundown</p> <p>10:30 ♥ Exercise - Cardio (GR) 2:00 ♥ Snack (CK) – Yogurt Parfaits 2:30 ♠️ Independent Activities (AR) 3:30 ∞ Service w/ Rabbi NO Evening Programs</p>	<p style="text-align: right;">3</p> <p>10:55 ∞ Shofar blowing (GR) Please be in GR by 10:45am 2:00 ♥ Snack (CK) – Fruit Platter 2:30 ♥ Exercise (GR) – Pain Relief</p>	<p style="text-align: right;">4</p> <p>Rosh Hashanah ends at Sundown</p> <p>11:00 ∞ Service w/ Rabbi 2:00 ♥ Snack (CK) – Apple & Honey Tasting 4:30 ∞ Shabbat Dinner (GR) w/ Pauline</p>	<p style="text-align: right;">5</p> <p>10:30 ♥ Exercise –DVD (GR) Strength & Stretch 2:00 ♥ Snack (CK) - Muffins 2:00 ♠️ Travelogue w/ Beth (GR) Paris & London 3:30 ♠️ Independent Activities (AR) 6:30 ♠️ Movie: (GR) –27 Dresses</p>
<p>10:30 ♥ Exercise –Chair Yoga DVD (GR) 6 2:00 ♥ Snack (CK) – Assorted 2:30 ♠️ Netflix Documentary (GR) 3:30 ♠️ Independent Activities (AR) 6:30 ♠️ Movie: (GR) – Something From Tiffany’s</p>	<p>10:30 🎵 Sing w/ Joe (GR) 7 2:00 ♥ Snack (CK) - Pretzels 1:30 ♠️ Life Span Presentation w/ John (GR) 3:15 ♠️ Clay Class w/ Barb (AR) 6:30 ♠️ Movie: (GR) – Meet Joe Black</p>	<p>10:30 ♥ Exercise (GR) – Zumba 8 2:00 ♣️ Painting Class 101 (AR) 2:00 ♥ Snack (CK) - Cookies 2:30 ♠️ Games (GR) 6:30 ♠️ Movie: (GR) – The Kings Daughter</p>	<p>10:30 ♥ Exercise - Cardio (GR) 9 2:00 ♥ Birthday Party (GR) – celebrating September and October Residents 3:00 ♣️ Roc Dog Therapy (FR) 6:30 ♠️ Movie: (GR) – Absence of Malice</p>	<p>10:30 ♥ Exercise- (GR) Full Body & Balance 10 1:30 ♣️ Painting Class 101 (AR) 2:00 ♥ Snack (CK) - Chips 3:00 ♠️ Games (GR) 7:00 ♠️ BINGO w/ Nancy (GR)</p>	<p>Yom Kippur begins at sundown 11 10:30 ♥ Exercise - Cardio (GR) 1:30 ♥ Friday Social (CK) – Cider & Donuts 2:00 ♠️ Larry Shearer (GR) Music & Life of Hoagy Carmichael 3:45-4:15 ∞ Yom Kippur Services (GR) w/ Rabbi NO Evening Programs</p>	<p>Yom Kippur ends at sundown 12 10:50-11:15 ∞ Service (GR) w/ Rabbi 2:00 ♥ Snack (CK) 2:30 ♥ Exercise - Cardio (GR) 3:35-4:15 ∞ Memorial Service (GR) w/ Rabbi</p>
<p>10:30 ♥ Exercise –Chair Yoga DVD (GR) 13 2:00 ♥ Snack (CK) - Assorted 2:00 🎵 Live Music w/ Sophie 3:00 ♠️ Independent Activities (AR) 6:30 ♠️ Movie: (GR) – Ruling of the Heart</p>	<p>10:30 🎵 Sing w/ Joe (GR) 14 2:00 ♥ Snack (CK) – Baked Goods 2:00 ♥ Exercise - Yoga 3:00 ♠️ Decorate Sukkah (CK) Lodge and/or Wolk 6:30 ♠️ Movie: (GR) – Overboard</p>	<p>9:00 ♥ Flu/Covid Vaccine Clinic 15 12:00 🌟 Luncheon @ Summit Grill 2:00 ♣️ Painting Class 101 (AR) 2:00 ♥ Snack (CK) - Brownies 3:00 ♠️ Decorate Sukkah (CK) 3:30 ♣️ David Orange – Facing Loneliness, Despair, Anxiety, and Depression 6:30 ♠️ Movie: (GR) – Sense & Sensibility</p>	<p>Sukkot begins at sundown 16 10:30 ♥ Exercise - Cardio (GR) 2:00 ♥ Snack (CK) – Yogurt Parfaits 2:00 ♠️ Broadway Bob 4:00 Kiddush in Sukkah NO Evening Programs</p>	<p>10:30 ♥ Exercise- (GR) Full Body & Balance 17 2:00 ♥ Snack (CK)) – Fruit Platter 2:30 ♠️ Games (GR) 6:30 ♠️ Movie: (GR) – The Last Dance</p>	<p>10:30 ♥ Exercise- (GR) – Cardio 18 1:30 ♥ Friday Social (CK) – Cider & Donuts 2:30 ♠️ games (GR) 4:30 Dinner & Services w/ Pauline (GR) 6:30 ♠️ Movie: (GR) – South Pacific</p>	<p>10:30 ♥ Exercise –DVD (GR) Strength & Stretch 19 2:00 ♥ Snack (CK) - Muffins 2:30 ♠️ Amazon Series (GR) The Temptations – S1 E1 3:30 ♠️ Independent Activities (AR) 6:30 ♠️ Movie: (GR) – The Simple Life of Noah Dearborn</p>
<p>10:30 ♥ Exercise –Chair Yoga DVD (GR) 20 2:00 ♥ Snack (CK) - Assorted 2:30 ♠️ Amazon Series (GR) The Temptations – S1 E2 3:30 ♠️ Independent Activities (AR) 6:30 ♠️ Movie: (GR) – Gypsy</p>	<p>10:30 🎵 Sing w/ Joe (GR) 21 2:00 ♥ Snack (CK) – Baked Goods 2:30 ♥ Exercise - Yoga 3:15 ♠️ Clay Class w/ Barb (AR) 6:30 ♠️ Movie: (GR) Oklahoma!</p>	<p>9:00 Breakfast w/ Silvana – Sign up by the 21st 22 1:30 ♠️ Games (GR) 2:00 ♣️ Painting Class 101 (AR) 2:00 ♥ Snack (CK) – Cookies 3:30 ∞ Christian Services w/ Rev Darryl 7:00 🎵 Opera Concert (SUM)</p>	<p>Sukkot ends at Sundown and Simchat Torah begins 23 10:30 ♥ Music with Silvana in Sukkah (CK) 1:00 ∞ Rabbi – Cider & Strudel in Sukkah 2:00 ♥ Snack (CK) – Yogurt Parfaits NO Evening Programs</p>	<p>10:30 ♥ Exercise- (GR) Full Body & Balance 24 2:00 ♥ Snack (CK) - Pretzels 2:30 ♠️ Games (GR) 6:30 ♠️ Movie: (GR) – Somewhere in Time</p>	<p>Simchat Torah ends at sundown 25 10:00 ∞ Simchat services (GR) 1:30 ♥ Friday Social (CK) – Cider & Donuts 2:00 ♠️ Book Club Meeting 3:30 ♠️ Board Games (AR) 4:30 ∞ Shabbat Dinner w/ Pauline (GR)</p>	<p>10:30 ♥ Exercise –DVD (GR) Strength & Stretch 26 1:00 ♠️ Independent Activities (AR) 2:00 ♥ Snack (CK) - Muffins 2:00 🎵 Jack Jammers (GR) 6:30 ♠️ Movie: (GR) – The Ultimate Gift</p>
<p>10:30 ♥ Exercise –Chair Yoga DVD (GR) 27 2:00 ♥ Snack (CK) - Assorted 2:30 ♠️ Amazon Documentary (GR) Stevie Nicks – Through The Looking Glass 3:30 ♠️ Independent Activities (AR) 6:30 ♠️ Movie: (GR) – A Good Person</p>	<p>10:30 🎵 Sing w/ Joe (GR) 28 2:00 ♥ Snack (CK) – Baked Goods 2:00 ♠️ Music with Rodney 3:15 ♠️ Clay Class w/ Barb (AR) 7:00 ♠️ BINGO w/ Nancy (GR)</p>	<p>10:30 ♥ Exercise (GR) – Zumba 29 1:30 ♠️ Games (GR) 2:00 ♣️ Painting Class 101 (AR) 2:00 ♥ Snack (CK) - Brownies 6:30 ♠️ Movie: (GR) – Babylon</p>	<p>10:30 ♥ Exercise - Cardio (GR) 30 2:00 ♥ Snack (CK) – Yogurt Parfaits 2:00 ♠️ Larry Shearer (GR) Music & Comedy of Danny Kaye 3:00 ♣️ Roc Dog Therapy (FR) 6:30 ♠️ Movie: (GR) – Whiskey Tango Foxtrot</p>	<p>10:30 ♥ Exercise- (GR) Full Body & Balance 31 1:30 ♣️ Painting Class 101 (AR) 2:00 ♥ Snack (CK)- Chips 3:30 ♦️ Town Hall Meeting 6:30 ♠️ Movie: (GR) Little Italy</p>	<p>Location Key: AR- Art Room CK- Country Kitchen FR- Family Room GR- Great Room SUM- Summit Grill/Patio</p>	