April 2025





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	All Activities are subject to change. Please see daily calendar for updates.	8:00 Breakfast and Chronicles 9:30 Stretch it out 10:30 Brain Games 12:00 Lunch 1:30 Jokes and Jester Hats 2:30 Fruit Platter 3:00 JMusic w/ Standard Time 4:30 Dinner 6:00 Netflix April Fools' Day	8:00 ♦ Breakfast and Chronicles29:30 ♥ Dancing10:30 ♥ "Our Living World"10:30 ♥ "Our Living World"12:00 Lunch1:00 ₱ Painting Class2:30 ₱ Fresh Cookies3:00 ₱ Roc Dogs4:30 Dinner6:00 ♠ Movie: "Enola Holmes"	8:00 ♦ Breakfast and Chronicles 9:30 ♥ Seated Yoga 10:30 ♦ Trivia 12:00 Lunch 1:30 J Music w/ Donna 2:30 ♠ Birthday Social/NP 3:00 ♠ Bingo 4:30 Dinner 6:00 ♠ TCM	 8:00 ◆ Breakfast and Chronicles 9:30 ♥ Chair Exercise 10:30 J Music w/ Standard Time 12:00 Lunch 1:30 J Music w/ Allen 2:30 ▲ Tea Time 3:00 ▲ Puzzles/Coloring 4:30 Dinner 6:00 ▲ Resident's Choice 	8:00 Breakfast 5 10:00 Stretch it out 12:00 Lunch 2:30 Yogurt Cups 3:00 Facetime w/ Family 4:30 Dinner 6:00 AGT
8:00 Breakfast69:00 Seated Yoga10:00 J Music w/ Sophie12:00 Lunch2:30 ▲ Cheez Its3:00 ▲ Puzzles/Coloring4:30 Dinner6:00 ▲ Hallmark	8:00 ♦ Breakfast and Chronicles 7 9:30 ♥ Strength Training 10:30 Ŋ Sing w/ Joe at Wolk 12:00 Lunch 1:30 Ŋ Music w/ Allen 2:30 ♠ Smoothies 3:00 ♠ AGT 4:30 Dinner 6:00 ♠ Series: "Atypical"	8:00 ♦ Breakfast and Chronicles 9:30 ♥ Move & Groove 10:30 J Music w/ John 12:00 Lunch 1:30 J Music w/ Standard Time 2:30 ▲ Veggie Tray 3:00 ▲ Brain Games 4:30 Dinner 6:00 ▲ Netflix	 8:00 ♦ Breakfast and Chronicles 9:30 ♥ Dancing 10:30 ♦ "Chasing Coral" 12:00 Lunch 1:00 ♣ Painting Class 2:30 ♠ Smoothies 3:00 ♣ David Orange Talks 4:30 Dinner 6:00 ♠ Movie: "Two Weeks Notice" 	8:00 ♦ Breakfast and Chronicles 10 9:30 ♥ Chair Exercise 10:30 ♦ Trivia 12:00 Lunch w/ Music by Nick 1:30 J Music w/ Donna 2:30 ♦ Fruit Platter 3:00 ♠ Bingo 4:30 Dinner 6:00 ♠ TCM	8:00 ♦ Breakfast and Chronicles 9:30 ♥ Chair Exercise 10:30 J Music w/ Standard Time 12:00 Lunch 1:30 ♥ Bus Ride 2:30 ♦ Birthday Social/LR 3:00 ♦ Puzzles/Coloring 4:30 Dinner 6:00 ♦ Resident's Choice	8:00 Breakfast1210:00 ♥ Move & Groove12:00 Lunch12:00 J Side by Slide w/ Criss2:30 ♠ Matzah w/ Dip4:00∞Seder Service4:30 Dinner6:00 ♠ AGTPassover Starts at Sundown
8:00 Breakfast1310:00 ♥ Chair Exercise12:00 Lunch12:30∞ Palm Sunday Service2:30 ▲ Fruit Platter3:00 ♥ Balloon Tennis4:30 Dinner6:00 ▲ Hallmark	8:00 ♦ Breakfast and Chronicles 14 9:30 ♥ Strength Training 10:30 Ŋ Sing w/ Joe at Wolk 12:00 Lunch 1:30 Ŋ Music w/ Melinda 2:30 ♦ Smoothies 3:00 ♠ AGT 4:30 Dinner 6:00 ♠ Series: "Atypical"	 8:00 ◆ Breakfast and Chronicles 15 9:30 ♥ Seated Yoga 10:30 ▲ Rolling Up Pizza 12:00 Lunch 1:30 ◆ Discussion 2:30 ▲ Matzah Canapés 3:00 ▲ Brain Games 4:30 Dinner 6:00 ▲ Netflix 	 8:00 ◆ Breakfast and Chronicles 9:30 ♥ Dancing 10:30 ♣ Painting Class 12:00 Lunch 1:00 ♦ "Breaking Boundaries" 2:00 Passover Recital 2:30 ▲ Matzah w/ Dip 3:00 ♣ Roc Dogs 4:30 Dinner 6:00 ▲ Movie: "This Beautiful Fantastic" 	8:00 ♦ Breakfast and Chronicles 17 9:30 ♥ Stretch it out 10:30 ♦ Trivia 12:00 Lunch 1:30 D Music w/ Donna 2:30 ▲ Matzah Canapés 3:00 ♠ Bingo 4:30 Dinner 6:00 ♠ TCM	8:00 Breakfast and Chronicles 18 9:30 Chair Exercise 10:30 Balloon Tennis 12:00 Lunch 1:30 Name That Tune 2:30 Coconut Macaroons/LR 3:00 Puzzles/Coloring 4:30 Dinner 6:00 Resident's Choice	8:00 Breakfast1910:00 ♥ Seated Yoga12:00 Lunch2:00∞ Holy Saturday Service2:30 ▲ Fruit Platter3:00 ▲ Facetime w/ Family4:30 Dinner6:00 ▲ AGT
8:00 Breakfast2010:00 ♥ Stretch it out10:30∞ Passover Service/MemorialPrayer (GR)12:00 Lunch2:30 ▲ Veggie Tray3:00 ♠ Puzzles/Coloring4:30 Dinner6:00 ▲ HallmarkPassover Ends at Sundown	21 8:00 ♦ Breakfast and Chronicles 9:30 ♥ Strength Training 10:30 ♫ Sing w/ Joe at Wolk 12:00 Lunch 1:30 ♦ Spring Fling! w/ music by Allen 3:00 ♦ Horticultural Therapy w/ Bambi 4:30 Dinner 6:00 ♦ Series: "Atypical"	8:00 ♦ Breakfast and Chronicles 9:30 ♥ Chair Exercise 10:30 ₪ Music w/ John 12:00 Lunch 1:30 ♦ Earth Day Discussion 2:30 ▲ Veggie Tray 3:30 ∞ Christian Worship Services 4:30 Dinner 6:00 ▲ Netflix Earth Day	 8:00 ◆ Breakfast and Chronicles 9:30 ♥ Dancing 10:30 ◆ "A Life On Our Planet" 12:00 Lunch 1:00 ♣ Painting Class 1:30 ∞ Cantor Jonathan 2:30 ♠ Oreos 3:00 ∞ Jewish Education w/ Silvana 4:30 Dinner 6:00 ♠ Movie: "Woman In Gold" 	8:00 ♦ Breakfast and Chronicles 24 9:30 Move & Groove 10:30 ♦ Trivia 12:00 Lunch 1:00 ♣ Armchair Travels w/ Beth 2:30 ▲ Dark Rye w/ Hard Boiled Eggs 3:15 ∞ Rebetzini Mussi 4:30 Dinner 6:00 ▲ TCM Yom HaShoah	8:00 Breakfast and Chronicles 25 9:30 Chair Exercise 10:30 Bucket Ball 12:00 Lunch 1:30 Bus Ride 2:30 Tea Time 3:00 Puzzles/Coloring 4:30 Dinner 6:00 Resident's Choice	8:00 Breakfast 26 10:00 ♥ Chair Exercise 12:00 Lunch 2:00 J Side by Slide w/ Criss 2:30 ▲ Jello Cups 4:30 Dinner 6:00 ▲ AGT
8:00 Breakfast2710:00 ♥ Move & Groove12:00 Lunch2:30 ▲ Sun Chips3:00 ♥ Ball Bounce4:30 Dinner6:00 ▲ Hallmark	8:00 ♦ Breakfast and Chronicles 28 9:30 ♥ Strength Training 10:30 J Sing w/ Joe at Wolk 12:00 Lunch 1:30 J Music w/ Melinda 2:00 © Communion Services w/ Dcn Jeff 2:30 ▲ Smoothies 3:00 ▲ AGT 4:30 Dinner 6:00 ▲ Series: "Atypical"	8:00 Breakfast and Chronicles 29 9:30 Stretch it out 10:30 Friendly Feud 12:00 Lunch 1:30 Crafting Corner 2:30 Fruit Platter 3:00 Brain Games 4:30 Dinner 6:00 Netflix	8:00 ◆ Breakfast and Chronicles 30 9:30 ♥ Dancing 10:30 ◆ "Mission Blue" (Netflix) 10:30 ◆ "Mission Blue" (Netflix) 12:00 Lunch 1:00 ♣ Painting Class 2:30 ▲ Lorna Doone 3:00 ♫ Music w/ Allen 4:30 Dinner 6:00 ♠ Movie:"Pride and Prejudice" (Netflix) Yom Ha'atzmaut		YOM HA'ATZMAUT ISRAEL INDEPENDENCE DAY	EARTH DAY

Catherine Gilman, Activities Associate

The Lodge at Wolk Manor, 7000 Summit Circle Drive, Rochester, NY 14618

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