

# December 2024



# Jewish Home

## LODGE AT WOLK MANOR

### MEMORY CARE

Music  
 Health  
 Outings  
 Fun  
 Inspiration  
 Education  
 Spirituality

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY			
8:00 Breakfast 10:00  Seated Yoga 12:00 Lunch 1:30  Music w/ Allen 2:30  Yogurt Cups 3:00  Puzzles/Coloring 4:30 Dinner 6:00  Hallmark	8:00  Breakfast and Chronicles 9:30  Strength Training 10:30  Sing w/ Joe at Wolk 12:00 Lunch 1:30  Music w/ Bonnie 2:30  Milkshakes 3:00  Bingo 4:30 Dinner 6:00  Series: "Heartland"	8:00  Breakfast and Chronicles 9:30  Stretch it out 10:30  Music w/ John 12:00 Lunch 1:30  Crafting Corner 2:30  Fruit Platter 3:00  I Spy 4:30 Dinner 6:00  Netflix	8:00  Breakfast and Chronicles 9:30  Dancing 10:30  "Andre & His Olive Tree" 12:00 Lunch 1:00  Painting Class 2:30  Fresh Cookies 3:00  Roc Dogs 4:30 Dinner 6:00  Movie: "Maid In Manhattan"	8:00  Breakfast and Chronicles 9:30  Seated Yoga 10:30  Music w/ Standard Time 12:00 Lunch 1:30  Music w/ Donna 2:30  Birthday Social/MD 3:00  Trivia 4:30 Dinner 6:00  TCM	8:00  Breakfast and Chronicles 9:30  Chair Exercise 10:30  Balloon Tennis 12:00 Lunch 1:30  Puzzles/Coloring 2:00  Hot Coco & Cold S'mores 2:30  Music w/ Allen 4:30 Dinner 6:00  Resident's Choice	8:00 Breakfast 10:00  Stretch it out 12:00 Lunch 2:30  Fruit Cups 3:00  Facetime w/ Family 4:30 Dinner 6:00  AGT			
8:00 Breakfast 10:00  Chair Exercise 12:00 Lunch 1:30  Balloon Tennis 2:30  Jello Cups 3:00  Music w/ Sophie 4:30 Dinner 6:00  Hallmark	8:00  Breakfast and Chronicles 9:30  Strength Training 10:30  Sing w/ Joe at Wolk 12:00 Lunch 1:30  Music w/ Melinda 2:30  Smoothies 3:00  Bingo 4:30 Dinner 6:00  Series: "Heartland"	8:00  Breakfast and Chronicles 9:30  Move & Groove 10:30  Bowling 12:00  Lunch at the Grill 1:30  Alphabet Game 2:30  Veggie Tray 3:00  Board Games w/ Wolk 4:30 Dinner 6:00  Netflix	8:00  Breakfast and Chronicles 9:30  Dancing 10:30  "A Trip to Infinity" 12:00 Lunch 1:00  Painting Class 2:30  Soft Pretzels 3:00  David Orange Talks "Spirituality & Aging" 4:30 Dinner 6:00  Movie: "The Hill"	8:00  Breakfast and Chronicles 9:30  Chair Exercise 10:30  Clay Class 12:00 Lunch 1:30  Music w/ Donna 2:30  Sun Chips 3:00  Trivia 4:30 Dinner 6:00  TCM	8:00  Breakfast and Chronicles 9:30  Chair Exercise 10:30  Bucket Ball 12:00 Lunch 1:30  Bus Ride 2:30  Hot Coco & Cold S'mores 3:00  Puzzles/Coloring 4:30 Dinner 6:00  Resident's Choice	8:00 Breakfast 10:00  Move & Groove 12:00 Lunch 2:00  Side by Side w/ Criss 2:30  Oreos 4:30 Dinner 6:00  AGT			
8:00 Breakfast 10:00  Stretch it out 12:00 Lunch 1:30  Music w/ Allen 2:30  Cheez Its 3:00  Puzzles/Coloring 4:30 Dinner 6:00  Hallmark	8:00  Breakfast and Chronicles 9:30  Strength Training 10:30  Sing w/ Joe at Wolk 12:00 Lunch 1:30  Music w/ Standard Time 2:30  Root Beer Floats 3:00  Bingo 4:30 Dinner 6:00  Series: "Heartland"	8:00  Breakfast and Chronicles 9:30  Seated Yoga 10:30  Table Top Bowling 12:00 Lunch 1:30  Music w/ Bonnie 2:30  Summit Christmas Party 2:30  Cheese & Cracker Tray 3:00  Discussion 4:30 Dinner 6:00  Netflix	8:00  Breakfast and Chronicles 9:30  Dancing 10:30  "Secrets of the Saqqara Tomb" 12:00 Lunch 1:00  Winter Wonderland w/ Diana 3:00  Roc Dogs 4:30 Dinner 6:00  Movie: "Judy"	8:00  Breakfast and Chronicles 9:30  Stretch it out 10:30  Music w/ Standard Time 12:00 Lunch 1:30  Music w/ Donna 2:30  Birthday Social/GC 3:00  Trivia 4:30 Dinner 6:00  TCM	8:00  Breakfast and Chronicles 9:30  Chair Exercise 10:30  Balloon Tennis 12:00 Lunch 1:30  Music w/ Allen 2:30  Hot Coco & Cold S'mores 3:00  Puzzles/Coloring 4:30 Dinner 6:00  Resident's Choice	8:00 Breakfast 10:00  Seated Yoga 12:00 Lunch 2:30  Jello Cups 3:00  Facetime w/ Family 4:30 Dinner 6:00  AGT			
8:00 Breakfast 10:00  Move & Groove 12:00 Lunch 2:30  Fruit Cups 3:00  Ball Bounce 4:30 Dinner 6:00  Hallmark	8:00  Breakfast and Chronicles 9:30  Strength Training 10:30  Sing w/ Joe at Wolk 12:00 Lunch 1:30  Music w/ Melinda 2:30  Smoothies 3:00  Bingo 4:30 Dinner 6:00  Series: "Heartland"	8:00  Breakfast and Chronicles 9:30  Chair Exercise 10:30  Music w/ John 12:00  Lunch in the GR (Southern) 1:30  Name 5 Things 2:30  Fruit Platter 3:30  Christian Worship Services 4:30 Dinner 6:00  Netflix <b>Christmas Eve</b>	8:00  Breakfast and Chronicles 9:30  Dancing 10:30  Coloring & Puzzles 12:00 Lunch 1:00  Balloon Tennis 2:30  Yogurt Parfaits 3:00  AGT 4:30 Dinner 6:00  Movie: "Cinderella Man" <b>Christmas Day</b> <b>Chanukah Begins at Sundown</b>	8:00  Breakfast and Chronicles 9:30  Move & Groove 10:30  Clay Class 12:00 Lunch 1:00  Armchair Travels w/ Beth 2:30  Nutrifrain Bars 3:00  Trivia 4:30 Dinner 6:00  TCM	8:00  Breakfast and Chronicles 9:30  Chair Exercise 10:30  Bucket Ball 12:00 Lunch 1:30  Holiday Party w/ Family & Friends 3:00  Puzzles/Coloring 4:30 Dinner 6:00  Resident's Choice	8:00 Breakfast 10:00  Chair Exercise 12:00 Lunch 2:00  Side by Side w/ Criss 2:30  Yogurt Cups 4:30 Dinner 6:00  AGT			
8:00 Breakfast 10:00  Seated Yoga 12:00 Lunch 1:30  Music w/ Allen 2:30  Lorna Doone 3:00  Puzzles/Coloring 4:30 Dinner 6:00  Hallmark	8:00  Breakfast and Chronicles 9:30  Strength Training 10:30  Sing w/ Joe at Wolk 12:00 Lunch 1:30  Chanukah Party 3:00  Bingo 4:30 Dinner 6:00  Series: "Heartland"	8:00  Breakfast and Chronicles 9:30  Stretch it out 10:30  Balloon Tennis 12:00 Lunch 1:00  AGT 2:00  New Year's Party! 4:30 Dinner 6:00  Netflix <b>New Year's Eve</b>	<p><b>All Activities are subject to change. Please see daily calendar for updates.</b></p>						