




March 2025

Jewish Home

LODGE AT WOLK MANOR
MEMORY CARE

- 🎵 Live Music
- 💙 Health
- ☀️ Outings
- ♠️ Fun
- ♣️ Inspiration
- 🔴 Education
- ∞ Spirituality

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p>All Activities are subject to change. Please see daily calendar for updates.</p>							
	<p>8:00 Breakfast 2</p> <p>10:00♥ Seated Yoga</p> <p>12:00 Lunch</p> <p>2:30♠ Cheez Its</p> <p>3:00♠ Puzzles/Coloring</p> <p>4:30 Dinner</p> <p>6:00♠ Hallmark</p>	<p>8:00♦ Breakfast and Chronicles 3</p> <p>9:30♥ Strength Training</p> <p>10:30🎵 Sing w/ Joe at Wolk</p> <p>12:00 Lunch</p> <p>1:30🎵 Music w/ Allen</p> <p>2:30♠ Smoothies</p> <p>3:00♠ Bingo</p> <p>4:30 Dinner</p> <p>6:00♠ "Queen Cleopatra"</p>	<p>8:00♦ Breakfast and Chronicles 4</p> <p>9:30♥ Stretch it out</p> <p>10:30🎵 Music w/ John</p> <p>12:00 Lunch</p> <p>1:30🎵 Music w/ Standard Time</p> <p>2:30♠ Fruit Platter</p> <p>3:00♠ Board Games</p> <p>4:30 Dinner</p> <p>6:00♠ Netflix</p>	<p>8:00♦ Breakfast and Chronicles 5</p> <p>9:30♥ Dancing</p> <p>10:30♦ "The Other Shore"</p> <p>12:00 Lunch</p> <p>1:00♣️ Painting Class</p> <p>2:30♠ Fresh Cookies</p> <p>3:00♣️ Roc Dogs</p> <p>4:30 Dinner</p> <p>6:00♠ Movie: "Erin Brockovich"</p>	<p>8:00♦ Breakfast and Chronicles 6</p> <p>9:30♥ Seated Yoga</p> <p>10:30♦ Trivia</p> <p>12:00 Lunch</p> <p>1:30🎵 Music w/ Donna</p> <p>2:30♠ Lay's Chips</p> <p>3:00♠ AGT</p> <p>4:30 Dinner</p> <p>6:00♠ TCM</p>	<p>8:00♦ Breakfast and Chronicles 7</p> <p>9:30♥ Chair Exercise</p> <p>10:30♠ Balloon Tennis</p> <p>12:00 Lunch</p> <p>1:30☀️ Bus Ride</p> <p>2:30♠ Tea Time</p> <p>3:00♠ Puzzles/Coloring</p> <p>4:30 Dinner</p> <p>6:00♠ Resident's Choice Employee Appreciation Day</p>	<p>8:00 Breakfast 8</p> <p>10:00♥ Move & Groove</p> <p>12:00 Lunch</p> <p>2:00🎵 Side by Side w/ Criss</p> <p>2:30♠ Lorna Doone</p> <p>4:30 Dinner</p> <p>6:00♠ AGT</p>
	<p>8:00 Breakfast 9</p> <p>10:00♥ Chair Exercise</p> <p>12:00 Lunch</p> <p>2:30♠ Fruit Cups</p> <p>1:30🎵 Music w/ Allen</p> <p>3:00♥ Balloon Tennis</p> <p>4:30 Dinner</p> <p style="text-align: center;">Daylight Saving Time</p>	<p>8:00♦ Breakfast and Chronicles 10</p> <p>9:30♥ Strength Training</p> <p>10:30🎵 Sing w/ Joe at Wolk</p> <p>12:00 Lunch</p> <p>1:30🎵 Music w/ Melinda</p> <p>2:30♠ Root Beer Floats</p> <p>3:00♠ Bingo</p> <p>4:30 Dinner</p> <p>6:00♠ "Queen Cleopatra"</p>	<p>8:00♦ Breakfast and Chronicles 11</p> <p>9:30♥ Move & Groove</p> <p>10:30♠ Name that Tune</p> <p>12:00 Lunch</p> <p>1:30♦ Discussion</p> <p>2:30♠ Veggie Tray</p> <p>3:00♠ Board Games</p> <p>4:30 Dinner</p> <p>6:00♠ Netflix</p>	<p>8:00♦ Breakfast and Chronicles 12</p> <p>9:30♥ Dancing</p> <p>10:30♦ "Mercury 13"</p> <p>12:00 Lunch</p> <p>1:00♣️ Painting Class</p> <p>2:30♠ Fresh Cookies</p> <p>3:00 David Orange Talks</p> <p>4:30 Dinner</p> <p>6:00♠ Movie: "On the Basis of Sex"</p>	<p>8:00♦ Breakfast and Chronicles 13</p> <p>9:30♥ Chair Exercise</p> <p>10:30♦ Trivia</p> <p>12:00☀️ Lunch at the Grill w/ Kit</p> <p>1:30🎵 Music w/ Donna</p> <p>2:30♠ Rice Crispy Treats</p> <p>3:00♠ AGT</p> <p>4:30 Dinner</p> <p>6:00♠ TCM Purim Starts at Sundown</p>	<p>8:00♦ Breakfast and Chronicles 14</p> <p>9:30♥ Chair Exercise</p> <p>10:30∞ Purim Reading w/ Rabbi Vogel</p> <p>12:00 Lunch</p> <p>1:30☀️ Bus Ride</p> <p>2:30♠ Purim Party!</p> <p>4:30 Dinner</p> <p>6:00♠ "Esther" (AP) Purim Ends at Sundown</p>	<p>8:00 Breakfast 15</p> <p>10:00♥ Seated Yoga</p> <p>12:00 Lunch</p> <p>2:30♠ Jello Cups</p> <p>3:00♠ Facetime w/ Family</p> <p>4:30 Dinner</p> <p>6:00♠ AGT</p>
	<p>8:00 Breakfast 16</p> <p>10:00♥ Stretch it out</p> <p>12:00 Lunch</p> <p>2:30♠ Yogurt Cups</p> <p>3:00♠ Puzzles/Coloring</p> <p>4:30 Dinner</p> <p>6:00♠ Hallmark</p>	<p>8:00♦ Breakfast and Chronicles 17</p> <p>9:30♥ Strength Training</p> <p>10:30🎵 Sing w/ Joe at Wolk</p> <p>12:00 Lunch</p> <p>1:30♠ Shamrock Shindig!</p> <p>3:00♠ Horticultural Therapy w/ Bambi</p> <p>4:30 Dinner</p> <p>6:00♠ "Queen Cleopatra"</p> <p style="text-align: center;">Shamrock Day</p>	<p>8:00♦ Breakfast and Chronicles 18</p> <p>9:30♥ Seated Yoga</p> <p>10:30♠ Friendly Feud</p> <p>12:00 Lunch</p> <p>1:30🎵 Music w/ Standard Time</p> <p>2:30♠ Fruit Platter</p> <p>3:00♠ Board Games</p> <p>4:30 Dinner</p> <p>6:00♠ Netflix</p>	<p>8:00♦ Breakfast and Chronicles 19</p> <p>9:30♥ Dancing</p> <p>10:30♣️ Painting Class</p> <p>12:00 Lunch</p> <p>1:00♦ "Becoming"</p> <p>2:30♠ Fresh Cookies</p> <p>3:00♣️ Roc Dogs</p> <p>4:30 Dinner</p> <p>6:00♠ Movie: "A League of their Own"</p>	<p>8:00♦ Breakfast and Chronicles 20</p> <p>9:30♥ Stretch it out</p> <p>10:30♦ Trivia</p> <p>12:00 Lunch</p> <p>1:30🎵 Music w/ Donna</p> <p>2:30♠ Sun Chips</p> <p>3:00♠ AGT</p> <p>4:30 Dinner</p> <p>6:00♠ TCM First Day of Spring</p>	<p>8:00♦ Breakfast and Chronicles 21</p> <p>9:30♥ Chair Exercise</p> <p>10:30♠ Balloon Tennis</p> <p>12:00 Lunch</p> <p>1:30♠ Puzzles/Coloring</p> <p>2:30♠ Tea Time</p> <p>3:00♠ Magic Show w/ Magic Marlin</p> <p>4:30 Dinner</p> <p>6:00♠ Resident's Choice</p>	<p>8:00 Breakfast 22</p> <p>10:00♥ Chair Exercise</p> <p>12:00 Lunch</p> <p>2:00🎵 Side by Side w/ Criss</p> <p>2:30♠ Fruit Cups</p> <p>4:30 Dinner</p> <p>6:00♠ AGT</p>
<p>8:00 Breakfast 23</p> <p>9:00♥ Move & Groove</p> <p>10:00🎵 Music w/ Sophie</p> <p>12:00 Lunch</p> <p>1:30🎵 Music w/ Allen</p> <p>2:30♠ Jello Cups</p> <p>3:00♥ Ball Toss</p> <p>4:30 Dinner</p> <p>6:00♠ Hallmark</p>	<p>8:00♦ Breakfast and Chronicles 24</p> <p>9:30♥ Strength Training</p> <p>10:30🎵 Sing w/ Joe at Wolk</p> <p>12:00 Lunch</p> <p>1:30🎵 Music w/ Melinda</p> <p>2:30♠ Birthday Social/MT</p> <p>3:00♠ Bingo</p> <p>4:30 Dinner</p> <p>6:00♠ "Queen Cleopatra"</p>	<p>8:00♦ Breakfast and Chronicles 25</p> <p>9:30♥ Chair Exercise</p> <p>10:30🎵 Music w/ John</p> <p>12:00 Lunch</p> <p>1:30♦ Discussion</p> <p>2:30♠ Veggie Tray</p> <p>3:30∞ Christian Worship Services</p> <p>4:30 Dinner</p> <p>6:00♠ Netflix</p>	<p>8:00♦ Breakfast and Chronicles 26</p> <p>9:30♥ Dancing</p> <p>10:30♦ "Knock Down the House"</p> <p>12:00 Lunch</p> <p>1:00♣️ Painting Class</p> <p>2:30♠ Fresh Cookies</p> <p>3:00∞ Jewish Education with Silvana</p> <p>4:30 Dinner</p> <p>6:00♠ Movie: "The Six Triple Eight"</p>	<p>8:00♦ Breakfast and Chronicles 27</p> <p>9:30♥ Move & Groove</p> <p>10:30♦🎵 Music w/ Standard Time</p> <p>12:00☀️ Lunch in the GR (Italian)</p> <p>1:00♣️ Armchair Travels w/ Beth</p> <p>2:30♠ Lorna Doone</p> <p>3:00♠ AGT</p> <p>4:30 Dinner</p> <p>6:00♠ TCM</p>	<p>8:00♦ Breakfast and Chronicles 28</p> <p>9:30♥ Chair Exercise</p> <p>10:30♠ Bucket Ball</p> <p>12:00 Lunch</p> <p>1:30🎵 Music w/ Standard Time</p> <p>2:30♠ Tea Time</p> <p>3:00♠ Puzzles/Coloring</p> <p>4:30 Dinner</p> <p>6:00♠ Resident's Choice</p>	<p>8:00 Breakfast 29</p> <p>10:00♥ Stretch it out</p> <p>12:00 Lunch</p> <p>2:30♠ Cheez Its</p> <p>3:00♠ Facetime w/ Family</p> <p>4:30 Dinner</p> <p>6:00♠ AGT</p>	
<p>8:00 Breakfast 30</p> <p>10:00♥ Seated Yoga</p> <p>12:00 Lunch</p> <p>2:30♠ Lorna Doone</p> <p>3:00♠ Puzzles/Coloring</p> <p>4:30 Dinner</p> <p>6:00♠ Hallmark</p>	<p>8:00♦ Breakfast and Chronicles 31</p> <p>9:30♥ Strength Training</p> <p>10:30🎵 Sing w/ Joe at Wolk</p> <p>12:00 Lunch</p> <p>1:30🎵 Music w/ Allen</p> <p>2:30♠ Milkshakes</p> <p>3:00♠ Bingo</p> <p>4:30 Dinner</p> <p>6:00♠ "Queen Cleopatra"</p>	