




September 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
8:00 Breakfast 10:00♥Seated Yoga 12:00 Lunch 2:30♣Pudding Cups 3:00♣Puzzles/Coloring 4:30 Dinner 6:00♣Hallmark	8:00♦Breakfast and Chronicles 9:30♥Strength Training 10:30♣Balloon Tennis 12:00 Lunch 1:30♫Music w/ Allen 2:30♣Smoothies 3:00♣Bingo 4:30 Dinner 6:00♣Series: "Anne with an E" Labor Day	8:00♦Breakfast and Chronicles 9:30♥Stretch it out 10:30♫Music w/ John 12:00☀Lunch in the GR (Pizza Party!) 1:30♣Magic Marlin 2:30♣Fruit Platter 3:00♥Walking Club 4:30 Dinner 6:00♣Netflix	8:00♦Breakfast and Chronicles 9:30♥Dancing 10:30♦"Senna" 12:00 Lunch 1:30♣Painting Class 2:30♣Fresh cookies 3:00♣Roc Dogs 4:30 Dinner 6:00♣"The Guernsey Literary and Potato Peel Pie Society"	8:00♦Breakfast and Chronicles 9:30♥Seated Yoga 10:30♣Gardening 12:00 Lunch 1:30♫Music w/ Donna 2:30♣Cheese & Cracker Tray 3:00♣Bean Bag Toss 4:30 Dinner 6:00♣TCM	8:00♦Breakfast and Chronicles 9:30♥Chair Exercise 10:30♣Balloon Tennis 12:00 Lunch 1:30♫Music w/ Allen 2:30♣Ice Cream Cart 3:00♣Puzzles/Coloring 4:30 Dinner 6:00♣Resident's Choice	8:00 Breakfast 10:00♥Stretch it out 12:00 Lunch 2:30♣Yogurt Cups 3:00♣Facetime w/ Family 4:30 Dinner 6:00♣AGT	
8:00 Breakfast 10:00♥Chair Exercise 12:00 Lunch 2:30♣Applesauce 3:00♥Balloon Tennis 4:30 Dinner 6:00♣Hallmark	8:00♦Breakfast and Chronicles 9:30♥Strength Training 10:30♫Sing w/ Joe at Wolk 12:00 Lunch 1:30♫Music w/ Melinda 2:30♣Milkshakes 3:00♣Bowling 4:30 Dinner 6:00♣Series: "Anne with an E"	8:00♦Breakfast and Chronicles 9:30♥Move & Groove 10:30♫Music w/ Bonnie 12:00☀Lunch at the Grill 1:30♫Music w/ Standard Time 2:30♣Lay's Potato Chips 3:00♥Walking Club 4:30 Dinner 6:00♣Netflix	8:00♦Breakfast and Chronicles 9:30♥Dancing 10:30♦"The Other Shore" 12:00 Lunch 1:00♣Painting Class 2:00♫Patriotic Music w/ Popcorn 3:00♦David Orange Talks: Facing Negative Emotions 4:30 Dinner 6:00♣"First Man" Day of Remembrance	8:00♦Breakfast and Chronicles 9:30♥Chair Exercise 10:30♣Gardening 12:00 Lunch 1:30♫Music w/ Donna 1:45♫Mayer Rubenstein Memorial Concert at Summit 2:30♣Pears 3:00♦Trivia 4:30 Dinner	8:00♦Breakfast and Chronicles 9:30♥Chair Exercise 10:30♣Bucket Ball 12:00 Lunch 1:30☀Bus Ride 2:30♣Ice Cream Cart 3:00♣Puzzles/Coloring 4:30 Dinner 6:00♣Resident's Choice	8:00 Breakfast 10:00♥Move & Groove 12:00 Lunch 2:00♫Side by Side w/ Criss 2:30♣Cheez Its 4:30 Dinner 6:00♣AGT	
8:00 Breakfast 10:00♥Stretch it out 12:00 Lunch 2:30♣Jello Cups 3:00♣Puzzles/Coloring 4:30 Dinner 6:00♣Hallmark	8:00♦Breakfast and Chronicles 9:30♥Strength Training 10:30♫Sing w/ Joe at Wolk 12:00 Lunch 1:30♫Music w/ Standard Time 2:30♣Yogurt Parfaits 3:00♣Bingo 4:30 Dinner 6:00♣Series: "Anne with an E"	8:00♦Breakfast and Chronicles 9:30♥Seated Yoga 10:30♫Music w/ Bonnie 12:00 Lunch 1:30♦Discussion 2:30♣Cheese & Cracker Tray 3:00♥Walking Club 4:30 Dinner 6:00♣Netflix	8:00♦Breakfast and Chronicles 9:30♥Dancing 10:30♣Painting Class 12:00 Lunch 1:00♦"Bombshell The Hedy Lamarr Story" 2:30♣Fresh Cookies 3:00♣Roc Dogs 4:30 Dinner 6:00♣"True Spirit"	8:00♦Breakfast and Chronicles 9:30♥Stretch it out 10:30♣Gardening 12:00 Lunch 1:30♫Music w/ Donna 2:30♣Fruit Platter 3:00♣Parachute 4:30 Dinner 6:00♣TCM	8:00♦Breakfast and Chronicles 9:30♥Chair Exercise 10:30♣Balloon Tennis 12:00 Lunch 1:30♫Music w/ Allen 2:30♣Car Cookies 3:00♦Automotive Discussion 4:30 Dinner 6:00♣Resident's Choice American Made Cars Day	8:00 Breakfast 10:00♥Seated Yoga 12:00 Lunch 2:30♣Nutrigrain Grain Bars 3:00♣Facetime w/ Family 4:30 Dinner 6:00♣AGT	
8:00 Breakfast 10:00♥Move & Groove 12:00 Lunch 2:30♣Fruit Cups 3:00♥Ball Bounce 4:30 Dinner 6:00♣Hallmark Autumn Equinox	8:00♦Breakfast and Chronicles 9:30♥Strength Training 10:30♫Sing w/ Joe at Wolk 12:00 Lunch 1:30♫Music w/ Melinda 2:30♣Milkshakes 3:00♣Drumming 4:30 Dinner 6:00♣Series: "Anne with an E"	8:00♦Breakfast and Chronicles 9:30♥Chair Exercise 10:30♫Music w/ John 12:00 Lunch 1:30♫Music w/ Standard Time 2:30♣Peaches 3:30☘Christian Worship Services 4:30 Dinner 6:00♣Netflix	8:00♦Breakfast and Chronicles 9:30♥Dancing 10:30☘Rosh Hashanah Parade 12:00 Lunch 1:00♣Painting Class 2:30♣Soft Pretzels 3:00♫Music w/ Allen 4:30 Dinner 6:00♣"Dumplin"	8:00♦Breakfast and Chronicles 9:30♥Move & Groove 10:30♣Gardening 12:00 Lunch 1:00♣Armchair Travels w/ Beth 2:30♣Oreos 3:00♦Trivia 4:30 Dinner 6:00♣TCM	8:00♦Breakfast and Chronicles 9:30♥Chair Exercise 10:30♣Bucket Ball 12:00 Lunch 1:30☀Bus Ride 2:30♣Ice Cream Cart 3:00♣Puzzles/Coloring 4:30 Dinner 6:00♣Resident's Choice	8:00 Breakfast 10:00♥Chair Exercise 12:00 Lunch 2:00♫Side by Side w/ Criss 2:30♣Applesauce 4:30 Dinner 6:00♣AGT	
8:00 Breakfast 10:00♥Move & Groove 12:00 Lunch 2:30♣Sun Chips 3:00♥Ball Bounce 4:30 Dinner 6:00♣Hallmark	8:00♦Breakfast and Chronicles 9:30♥Strength Training 10:30♫Sing w/ Joe at Wolk 12:00 Lunch 1:30♫Music w/ Standard Time 2:30♣Smoothies 3:00♣Bingo 4:30 Dinner 6:00♣Series: "Anne with an E"	<p style="text-align: center;">All Activities are subject to change. Please see Daily Activities for updates.</p>		 <p style="text-align: center;">HAPPY LABOR DAY!</p>	 <p style="text-align: center;">Remembering 9/11</p>	 <p style="text-align: center;">Autumn Equinox</p>	