


September 2025





# Jewish Home


LODGE AT WOLK MANOR  
MEMORY CARE


Catherine Gilman, Activities Associate  
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 Music


 Health

 Outings

 Fun

 Inspiration

 Education

 Spirituality

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>All Activities are subject to change. Please see daily calendar for updates.</div>	8:00 ♦ Breakfast and Chronicles 1 9:30 ♥ Strength Training 10:30 ♪ Sing w/ Joe at Wolk 12:00 Lunch 1:30 ♪ Music w/ Allen 2:30 ♠ Labor Day Ice Cream 3:00 ♠ AGT 4:30 Dinner 6:00 ♠ Series: "One Day at a Time" <b>Labor Day</b>	8:00 ♦ Breakfast and Chronicles 2 9:30 ♥ Stretch it out 10:30 ♪ Music w/ John 12:00 Lunch 1:30 ♪ Music w/ Standard Time 2:30 ♠ Birthday Social/Norma P 3:00 ♠ Brain Games 4:30 Dinner 6:00 ♠ Netflix	8:00 ♦ Breakfast and Chronicles 3 9:30 ♥ Dancing 10:30 ♦ "Rita Moreno" 10:30 ♥ Walking Club 12:00 Lunch 1:00 ♣ Painting Class 2:30 ♠ Fresh Cookies 3:00 ♣ Roc Dogs 4:30 Dinner 6:00 ♠ Movie: "Chubuca"	8:00 ♦ Breakfast and Chronicles 4 9:30 ♥ Seated Yoga 10:30 ♦ Trivia 12:00 Lunch 1:30 ♪ Music w/ Donna 2:30 ♠ Lays Chips 3:00 ♠ Read Along: "Pride and Prejudice" 4:30 Dinner 6:00 ♠ TCM	8:00 ♦ Breakfast and Chronicles 5 9:30 ♥ Chair Exercise 10:30 ♠ Balloon Tennis 12:00 Lunch 1:30 ♠ Bingo 2:30 ♠ Cider & Donuts 3:00 ♠ Puzzles/Coloring 4:30 Dinner 6:00 ♠ Resident's Choice	8:00 Breakfast 6 10:00 ♥ Stretch it out 12:00 Lunch 2:30 ♠ Fruit Cups 3:00 ♠ Facetime w/ Family 4:30 Dinner 6:00 ♠ AGT
	8:00 Breakfast 7 10:00 ♥ Seated Yoga 12:00 Lunch 1:30 ♪ Music w/ Allen 2:30 ♠ Yogurt Cups 3:00 ♠ Puzzles/Coloring 4:30 Dinner 6:00 ♠ Hallmark <b>Grandparents Day</b>	8:00 ♦ Breakfast and Chronicles 8 9:30 ♥ Strength Training 10:30 ♪ Sing w/ Joe at Wolk 12:00 Lunch 1:30 ♪ Music w/ Melinda 2:30 ♠ Milkshakes 3:00 ♠ AGT 4:30 Dinner 6:00 ♠ Series: "One Day at a Time"	8:00 ♦ Breakfast and Chronicles 10 9:30 ♥ Dancing 10:30 ♦ "Los Tigres del Norte" 10:30 ♥ Walking Club 12:00 Lunch 1:00 ♣ Painting Class 2:30 ♠ Fresh Cookies 3:00 ♣ David Orange Talks 4:30 Dinner 6:00 ♠ Movie: "Where the Tracks End"	8:00 ♦ Breakfast and Chronicles 11 9:30 ♥ Chair Exercise 10:30 ♦ Trivia 11:30 ♦ Moment of Silence 12:00 Lunch 1:30 ♪ Music w/ Donna 2:30 ♠ Oreos 3:00 ♠ Read Along: "Pride and Prejudice" 4:30 Dinner 6:00 ♠ TCM <b>Patriot Day</b>	8:00 ♦ Breakfast and Chronicles 12 9:30 ♥ Chair Exercise 10:30 ♠ Bucket Ball 12:00 Lunch 1:30 ☀ Bus Ride 2:30 ♠ Cider & Donuts 3:00 ♠ Puzzles/Coloring 4:30 Dinner 6:00 ♠ Resident's Choice	8:00 Breakfast 13 10:00 ♥ Move & Groove 12:00 Lunch 2:00 ♪ Side by Side w/ Criss 2:30 ♠ Lays Chips 4:30 Dinner 6:00 ♠ AGT
	8:00 Breakfast 14 10:00 ♥ Chair Exercise 12:00 Lunch 2:30 ♠ Jello Cups 3:00 ♥ Balloon Tennis 4:30 Dinner 6:00 ♠ Hallmark	8:00 ♦ Breakfast and Chronicles 15 9:30 ♥ Strength Training 10:30 ♪ Sing w/ Joe at Wolk 12:00 Lunch 1:30 ♪ Music w/ Allen 2:30 ♠ Smoothies 3:00 ♠ Horticultural Therapy w/ Bambi 4:30 Dinner 6:00 ♠ Series: "One Day at a Time"	8:00 ♦ Breakfast and Chronicles 17 9:30 ♥ Dancing 10:30 ♣ Painting Class 10:30 ♥ Walking Club 12:00 Lunch 1:00 ♦ "Peru" 2:30 ♠ Fresh Cookies 3:00 ♣ Roc Dogs 4:30 Dinner 6:00 ♠ Movie: "Pachamama"	8:00 ♦ Breakfast and Chronicles 18 9:30 ♥ Stretch it out 10:30 ♦ Trivia 12:00 Lunch 1:30 ♪ Music w/ Donna 2:30 ♠ Sun Chips 3:00 ♠ Read Along: "Pride and Prejudice" 4:30 Dinner 6:00 ♠ TCM	8:00 ♦ Breakfast and Chronicles 19 9:30 ♥ Chair Exercise 10:30 ♠ Balloon Tennis 12:00 Lunch 1:30 ♠ Bingo 2:30 ♠ Cider & Donuts 3:00 ♠ Puzzles/Coloring 4:30 Dinner 6:00 ♠ Resident's Choice	8:00 Breakfast 20 10:00 ♥ Seated Yoga 12:00 Lunch 2:30 ♠ Yogurt Cups 3:00 ♠ Facetime w/ Family 4:30 Dinner 6:00 ♠ AGT
	8:00 Breakfast 21 10:00 ♥ Stretch it out 12:00 Lunch 1:30 ♪ Music w/ Allen 2:30 ♠ Fruit Cups 3:00 ♠ Puzzles/Coloring 4:30 Dinner 6:00 ♠ Hallmark	8:00 ♦ Breakfast and Chronicles 22 9:30 ♥ Strength Training 10:30 ♪ Sing w/ Joe at Wolk 12:00 Lunch 1:30 ♪ Music w/ Melinda 2:00 ∞ Communion Services w/ Dcn Jeff 2:30 ♠ Apples & Honey 4:30 ∞ Rosh Hashanah Services w/ Pauline 4:30 Dinner <b>Rosh Hashanah Begins at Sundown</b>	8:00 ♦ Breakfast and Chronicles 23 9:30 ♥ Chair Exercise 10:30 ♦ Rosh Hashanah Trivia 11:50 ∞ Shofar Blowing 12:00 Lunch 1:30 ♠ Rosh Hashanah Craft 2:30 ♠ Apples & Honey 3:00 ♠ Rosh Hashanah Read Along 4:30 Dinner	8:00 ♦ Breakfast and Chronicles 24 9:30 ♥ Dancing 10:00 ∞ Rosh Hashanah Services 12:00 Lunch 1:00 ♣ Painting Class 2:30 ♠ Apples & Honey 3:00 ♠ Rosh Hashanah Puzzles/Coloring 4:30 Dinner 6:00 ♠ Movie: "Yes Day" <b>Rosh Hashanah Ends at Sundown</b>	8:00 ♦ Breakfast and Chronicles 25 9:30 ♥ Move & Groove 10:30 ♪ Music w/ Standard Time 12:00 ☀ Lunch in the GR (Moe's) 1:00 ♣ Armchair Travels w/ Beth 2:30 ♠ Nutrigrain Bars 3:15 ∞ Christian Worship Services 4:30 Dinner 6:00 ♠ TCM	8:00 ♦ Breakfast and Chronicles 26 9:30 ♥ Chair Exercise 10:30 ∞ Tashlich w/ Rabbi Silvana 12:00 Lunch 1:30 ☀ Bus Ride 2:30 ♠ Cider & Donuts 3:00 ♠ Puzzles/Coloring 4:30 Dinner 6:00 ♠ Resident's Choice
	8:00 Breakfast 28 10:00 ♥ Move & Groove 12:00 Lunch 2:30 ♠ Lays Chips 3:00 ♥ Ball Bounce 4:30 Dinner 6:00 ♠ Hallmark	8:00 ♦ Breakfast and Chronicles 29 9:30 ♥ Strength Training 10:30 ♪ Sing w/ Joe at Wolk 12:00 Lunch 1:30 ♪ Music w/ Allen 2:30 ♠ Milkshakes 3:00 ♠ AGT 4:30 Dinner 6:00 ♠ Series: "One Day at a Time"	8:00 ♦ Breakfast and Chronicles 30 9:30 ♥ Stretch it out 10:30 ♪ Music w/ Standard Time 12:00 Lunch 1:30 ♪ Music w/ The Road Less Traveled 2:30 ♠ Fruit Platter 3:00 ♠ Brain Games 4:30 Dinner 6:00 ♠ Netflix			 

