## August 2025



♣ Inspiration ♦ Education ∞ Spirituality

Christine Gilman, Community Life Coordinator 2000 Summit Circle Drive Rochester, NY 14618 585-341-2311

cgilman@jewishhomeroc.org

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		All Events are Subject to Change!  Refer to Weekly Calendars and/or In House TV Channel  Underlined Events require Sign-up	Program Locations:  CB = Coffee Bar  CAR= Creative Arts Room  DR = Dining Rm  FP / P = Front Porch / Patio  FR = Family Room  MPR = Multi-Purpose Room  PDR = Private Dining Room  WGR= Wolk Great Room	Shopping Trips Wegmans: Tuesdays & Thursdays Tops/Aldi: 1st and 3rd Wednesdays Trader Joe's: 2nd Wednesday Dollar Tree: 4th Wednesday	<ul> <li>10:00/10:30 (MPR) Balance/Strength</li> <li>12:00 (MPR) Series: New Amsterdam</li> <li>1:00 (P) Root Beer Floats</li> <li>2:00 (MPR) Boggle with Christine</li> <li>3:00 (MPR) Cinema Circle</li> <li>4:30 (MPR) Shabbat Service</li> <li>7:15 (MPR) Movie: The Second Time Around</li> </ul>	Tisha B'Av begins at sundown  11:00 (MPR) Chair Stretch  11:30 (MPR) Active Agers  1:00 (MPR) Series: Unorthodox  2:00 (MPR) Movie: A Time to  Kill  7:15 (MPR) Movie: Analyze  This
Tisha B'Av ends at sundown  ∞10:30 (WGR) Tisha B'Av Service with Silvana  ♠12:00 (MPR) Series: Younger  ♠2:00 (MPR) Movie: A Room with a View  ♠7:15 (MPR) Movie: My Name is Sam	V10:30 (MPR) Chair Stretch V11:00 (MPR) Chair Strength V11:30 (MPR) Active Agers A2:00 (MPR) Series: The Four Seasons A3:30 (MPR) Chocolate Chip Cookie Happy Hour A7:15 (MPR) Bingo	<ul> <li>10:00 (MPR) Move and Groove with 5 Christine</li> <li>10:50 (MPR) Chair Yoga</li> <li>1:00 (MPR) Atkin's Center Rock</li> <li>Steady Boxing Presentation</li> <li>1:30 (FR) Tuesday Thoughts</li> <li>1:30 (FC) Summit Fitness with Mikaela</li> <li>3:00 (MPR) Broadway Bob</li> <li>7:15 (MPR) Meredith Dragon</li> </ul>	<ul> <li>*10:30/11:00 (MPR) Stretch &amp; Strengther6</li> <li>*11:00 (POOL) Water Aerobics w. Sanjay</li> <li>*11:35 (MPR) ADVANCED Active Agers</li> <li>*1:00 (FR) Meditation with Christine</li> <li>*2:00 (MPR) Discussion and Music with Rabbi Vogel</li> <li>*3:00 (MPR) Food Forum</li> <li>*4:00 (MPR) Stay Scam Smart with Noah</li> <li>*7:15 (MPR) Music Education with Larry</li> </ul>	▼9:15 (MPR) Silver Sneakers Classic 7  ∞10:30 (WGR) Jewish Music w. Vogel  ▼11:15 (MPR) JCC Yoga  ◆1:00 (FR) Astronomy Club  ▼1:30 (FC) Summit Fitness with  Mikaela  ♣4:00 (FR) Virtual Reality Adventure  ¶7:15 (MPR) Fred Vine	V10:00/10:30 (MPR) Balance/Strengt V11:15 (MPR) Silver Sneakers BOOM A12:00 (MPR) Series: New Amsterdam A1:00 (P) Root Beer Floats A2:00 (MPR) Boggle with Christine C4:30 (MPR) Shabbat Service A7:15 (MPR) Movie: The In-Laws	v11:00 (MPR) Chair Stretch v11:30 (MPR) Active Agers △1:00 (MPR) Series: Running Point △2:00 (MPR) Movie: The Pelican Brief △7:15 (MPR) Movie: A Patch of Blue
↑12:00 (MPR) Series: Younger 10 ↑2:00 (MPR) Movie: About Schmidt ↑7:15 (MPR) Movie: Mr. Mom	v10:30 (MPR) Chair Stretch v11:00 (MPR) Chair Strength v11:30 (MPR) Active Agers J1:00 (MPR) Summit Chorus Practice ∞2:00 (WGR) Catholic Communion •2:00 (MPR) Series: The Four Seasons •3:30 (MPR) Birthday Happy Hour •7:15 (MPR) Bingo	V10:00 (MPR) Move and Groove with 2 Christine  *11:00 (FP) Cruise on the Sam Patch  V10:50 (MPR) Chair Yoga  ◆1:30 (FR) Tuesday Thoughts V1:30  (FC) Summit Fitness with Mikaela  J7:15 (MPR) Debbie McCullough	V10:30/11:00 (MPR) Stretch & Strengthe 13 V11:00 (POOL) Water Aerobics w. Sanjay V11:35 (MPR) ADVANCED Active Agers V1:00 (FR) Meditation with Christine ∞2:00 (MPR) Rabbi's Aptitude for Gratitude A7:15 (MPR) Crosswords with Larry	▼9:15 (MPR) Silver Sneakers Classic 14  10:30 (MPR) Torah and Tea  11:15 (MPR) JCC Yoga  1:00 (MPR) Community Chats with Neil 2 <sup>nd</sup> Thursday of the month  1:30 (FC) Summit Fitness with Mikaela  2:00 (WGR) Boggle with Christine  16:30 (FP) RPO Marimba Band	V10:00/10:30 (MPR) Balance/Streng 15 V11:15 (MPR) Silver Sneakers BOOM A12:00 (MPR) Series: New Amsterdam A1:00 (P) Root Beer Floats A2:00 (MPR) Boggle with Christine C4:30 (MPR) Shabbat Service A7:15 (MPR) Movie: Hitch	v11:00 (MPR) Chair Stretch v11:30 (MPR) Active Agers △1:00 (MPR) Series: Running Point △2:00 (MPR) Movie: The Sound of Music △7:15 (MPR) Movie: North
*12:00 (MPR) Series: Younger 17 *3:00 (MPR) Movie: Good Will Hunting *7:15 (MPR) Movie: Boynton Beach Club	v10:30 (MPR) Chair Stretch v11:00 (MPR) Chair Strength v11:30 (MPR) Active Agers △2:00 (MPR) Series: The Four Seasons ∞3:15 (WGR) Baseball, Talmud and Trivia w. Rabbi Steven △3:30 (MPR) Wine and Cheese △7:15 (MPR) Bingo	Christine  ∞10:30 (WGR) Music w. Rabbi Vogel	25 States "Exploring Native American Influence"  v11:00 (POOL) Water Aerobics w. Sanjay  ◆7:15 (MPR) Music Education with Larry	▼9:15 (MPR) Silver Sneakers Classic 21 ▼11:15 (MPR) JCC Yoga ♣1:00 (MPR) Resident Council Meeting ▼1:30 (FC) Summit Fitness with Mikaela •7:15 (MPR) Presentation: Jennie Schaff: The Farash Foundation •8:00 (FR) Astronomy Club	▼10:00/10:30 (MPR) Balance/Strength2  *10:00 (FP) Senior Days at Charlotte  Beach  ▼11:15 (MPR) Silver Sneakers BOOM  •12:00 (MPR) Series: New Amsterdam  •1:00 (FP) Eisenberg Ambulance  Dedication  •4:30 (MPR) Shabbat Service  •7:15 (MPR) Movie: Animal House	v11:00 (MPR) Chair Stretch v11:30 (MPR) Active Agers h1:00 (MPR) Series: Running Point h2:00 (MPR) Movie: The 100 Year Old Man h7:15 (MPR) Movie: Betty's Bad Luck in Love
*12:00 (MPR) Series: Younger 24 *2:00 (MPR) Movie: Parrish *7:15 (MPR) Movie: Quartet  31  *12:00 (MPR) Series: Younger *2:00 (MPR) Movie: Last Holiday *7:15 (MPR) Movie: Still Alice	v10:30 (MPR) Chair Stretch v11:00 (MPR) Chair Strength v11:30 (MPR) Active Agers Л1:00 (MPR) Summit Chorus Practice 1:30 (WGR) August Craft with Kesher Kids 2:00 (MPR) Series: Chef's Table v2:30 (FR) Out of the Box Thinking with Sheila Weinbach w. Kesher Kids 3:30 (MPR) Whiskey Sour Happy Hour 7:15 (MPR) Bingo	v10:00 (MPR) Move and Groove wit <b>26</b> Christine v10:50 (MPR) Chair Yoga •1:30 (FR) Tuesday Thoughts v1:30 (FC) Summit Fitness with Mikaela ∞2:00 (MPR) Nosh & Learn with Silvana ∞3:30 (WGR) Christian Services *7:00 (FP) Dessert Reception for Meredith Dragon at Temple B'rith Kodesh  J7:15 (MPR) John Williams	v10:30/11:00 (MPR) Stretch & Strengther v11:00 (POOL) Water Aerobics w. Sanjay v11:35 (MPR) ADVANCED Active Agers v1:00 (FR) Meditation with Christine with Kesher Kids ∞2:00 (MPR) Rabbi's Aptitude for Gratitude v3:00 (MPR) Town Hall Meeting Л7:15 (MPR) Steve West	<ul> <li>♥9:45 (MPR) Silver Sneakers</li> <li>♥11:15 (MPR) JCC Yoga</li> <li>♥1:30 (FC) Summit Fitness with Mikaela</li> <li>♦2:00 (MPR) Tenets of World Religions: David Orange: Eastern Orthodox</li> <li>♥3:15 (MPR) Time w Rabbi Rubenstein</li> <li>♦7:15 (MPR) Eleanor Lewin: Art History</li> </ul>	V10:00/10:30 (MPR) Balance/Stren V11:15 (MPR) Silver Sneakers BOOM  A12:00 (MPR) Series: New Amsterdam  C4:30 (MPR) Shabbat Service  A7:15 (MPR) Movie: Stagecoach	V11:00 (MPR) Chair Stretch V11:30 (MPR) Active Agers A1:00 (MPR) Series: Running Point A2:00 (MPR) Movie: Love in the Afternoon A7:15 (MPR) Movie: Winter, Spring, Summer or Fall