










# January 2025

 Live Music  
  Health  
  Outings  
  Fun  
 Inspiration  
  Education  
  Spirituality

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p><b>Program Location Key:</b></p> <p>AR- Art Room CK- Country Kitchen FR- Family Room GR- Great Room RN- Reading Nook SUM- Summit Grill/Patio</p>	<p><b>ALL EVENTS ARE SUBJECT TO CHANGE</b></p> <p>Refer to <u>Weekly Calendars</u> and/or In-House TV Ch. 2</p> <p><b>UNDERLINED Events Require Sign-Up!</b></p>	<p><b>NEW YEARS DAY</b> 1</p> <p>10:30 ♥ Exercise –DVD (GR) Strength &amp; Stretch 2:00 ♥ Snack (CK) – Assorted Snacks 2:00 ♣ Amazon Doc (GR) – John Denver – Rocky Mountain High 4:00 ∞ Lighting the Chanukiyah 6:30 ♣ Amazon Movie: (GR) – The Family Stone <b>Kristi Off</b></p>	<p><b>Chanukah ends at Sundown</b> 2</p> <p>10:30 ♥ Exercise – Kristi’s Boot Camp (GR) 2:00 ♣ Painting Class 101 (AR) 2:00 ♥ Snack (CK) – Assorted Snacks 3:00 ♣ Board Games (GR) 7:00 ♣ BINGO w/ Nancy (GR)</p>	<p>10:30 ♥ Exercise - Cardio (GR) 3 1:30 ♥ Friday Social w/ Hot Cocoa &amp; Cookies (GR) 2:00 ♣ Brain Teasers (GR) 4:30 ∞ Shabbat Dinner (GR) w/ Pauline 7:00 ♣ Amazon Movie: (GR) – With Honors</p>	<p>10:30 ♥ Exercise –DVD (GR) 4 Strength &amp; Stretch 2:00 ♥ Snack (CK) – Muffins 2:30 ♣ Amazon Com (GR) Nate Bargatze – Hello World 6:30 ♣ Amazon Movie: (GR) – Coal Miners Daughter</p>
<p>5</p> <p>10:30 ♥ Exercise –Chair Yoga (GR) 2:00 ♥ Snack (CK) – Assorted Snacks 2:00 ♣ Amazon Doc (GR) – Jackie – A Tale of Two Sisters 3:30 ♣ Independent Activities (AR) 6:30 ♣ Amazon Movie: (GR) – Grapes of Wrath</p>	<p>6</p> <p>10:30 ♪ Sing w/ Joe (GR) 2:00 ♥ Snack (CK) – Yogurt Parfait 2:00 ♥ Aging Discussion Group w/ Maya (PDR) 3:15 ♣ Clay Class (AR) 6:30 ♣ Amazon Movie: Maid in Manhattan <b>Kristi ½ Day</b></p>	<p>7</p> <p>10:30 ♥ Exercise - Cardio (GR) 2:00 ♣ Painting Class 101 (AR) 2:00 ♥ Snack (CK) – Baked Goods 3:15 ♣ BINGO (GR) 6:30 ♣ Amazon Movie: (GR) – The Dressmaker</p>	<p>8</p> <p>10:30 ♥ Exercise - Cardio (GR) 11:00 ♦ Food Forum W/ Gene (GR) 2:00 ♥ Snack (CK) – Pudding Cups 2:00 ♣ Trivia (GR) 3:00 ♣ ROC DOG Visitors (FR) 6:30 ♣ Amazon Movie: (GR) - Challengers</p>	<p>9</p> <p>10:30 ♥ Exercise – Kristi’s Boot Camp (GR) 2:00 ♥ Snack (CK) – Bavarian Pretzels 2:00 ♣ Birthday Party (GR) 6:30 ♣ Amazon Movie: (GR)- Till</p>	<p>10</p> <p>10:30 ♥ Exercise - Cardio (GR) 1:30 ♥ Friday Social w/ Hot Cocoa &amp; Cookies (GR) 2:00 ♣ Larry Shearer (GR) Life &amp; Music of Vera Lynn 4:30 ∞ Shabbat Dinner (GR) w/ Pauline 7:00 ♣ Amazon Movie: (GR) – The Unforgiven</p>	<p>11</p> <p>10:30 ♥ Exercise –DVD (GR) Strength &amp; Stretch 2:00 ♥ Snack (CK) – Muffins 2:00 ♪ Jack Jammers (GR) 6:30 ♣ Amazon Movie: (GR) Laura</p>
<p>12</p> <p>10:30 ♥ Exercise –Chair Yoga (GR) 2:00 ♥ Snack (CK) – Assorted Snacks 2:00 ♣ Amazon Series (GR) Daisy Jones &amp; the Six E1 3:30 ♣ Independent Activities (AR) 6:30 ♣ Amazon Movie: (GR) – Think Like A Dog</p>	<p>13</p> <p>10:30 ♪ Sing w/ Joe (GR) 2:00 ♥ Snack (CK) – Yogurt Parfait 2:30 ♥ Exercise - Strength (GR) 3:15 ♣ Brain Teasers (GR) 6:30 ♣ Amazon Movie: (GR) Becoming Jane</p>	<p>14</p> <p>10:30 ♥ Exercise - Cardio (GR) 2:00 ♣ Painting Class 101 (AR) 2:00 ♥ Snack (CK) – Baked Goods 3:00 ♣ Tuesday Thoughts w/ David Orange (GR) 6:30 ♣ Amazon Movie: (GR) –The Boys in the Boat</p>	<p>15</p> <p>10:30 ♥ Exercise - Cardio (GR) 2:00 ♥ Snack (CK) – Pudding Cups 2:00 ♣ Board Games (GR) 6:30 ♣ Amazon Movie: (GR) – L.A. Confidential</p>	<p>16</p> <p>10:30 ♥ Exercise – Kristi’s Boot Camp (GR) 2:00 ♣ Painting Class 101 (AR) 2:00 ♥ Snack (CK) – Bavarian Pretzels 3:15 ♦ Town Hall Meeting (GR) 7:00 ♣ BINGO w/ Nancy (GR)</p>	<p>17</p> <p>10:30 ♥ Exercise - Cardio (GR) 1:30 ♥ Friday Social w/ Hot Cocoa &amp; Cookies (GR) 2:00 ♣ Brain Teasers (GR) 4:30 ∞ Shabbat Dinner (GR) w/ Pauline 7:00 ♣ Amazon Movie: (GR) – Guys and Dolls</p>	<p>18</p> <p>10:30 ♥ Exercise –DVD (GR) Strength &amp; Stretch 2:00 ♥ Snack (CK) – Muffins 2:00 ♣ Amazon Series (GR) Daisy Jones &amp; the Six E2 6:30 ♣ Amazon Movie: (GR) Beyond A Reasonable Doubt</p>
<p>19</p> <p>10:30 ♥ Exercise –Chair Yoga (GR) 1:30 ♣ Amazon Series (GR) Daisy Jones &amp; the Six E3 2:00 ♥ Snack (CK) – Assorted Snacks 3:00 ♪ Live music w/ Sophie McCotter (GR) 6:30 ♣ Amazon Movie: (GR) – Tin Cup</p>	<p><b>Martin Luther King Jr. Day</b> 20</p> <p>10:30 ♪ Sing w/ Joe (GR) 1:30 ♣ Horticulture Therapy w/ Bambi (AR) 2:00 ♥ Snack (CK) – Yogurt Parfait 3:15 ♣ Clay Class (AR) 6:30 ♣ Amazon Movie: Murder on the Orient Express (2017)</p>	<p>21</p> <p>10:30 ♥ Exercise - Cardio (GR) 12:00 ☀ Luncheon (SUM) 2:00 ♣ Painting Class 101 (AR) 2:00 ♥ Snack (CK) – Baked Goods 6:30 ♣ Amazon Movie: (GR) – Sweet Smell of Success</p>	<p>22</p> <p>10:30 ♥ Exercise - Cardio (GR) 2:00 ♥ Snack (CK) – Pudding Cups 2:00 ♦ Jewish Education w/ Silvana (GR) 3:00 ♣ ROC DOG Visitors (FR) 6:30 ♣ Amazon Movie: (GR) – Baby Boom</p>	<p>23</p> <p>10:30 ♦ Debby Kornfeld Discussion (GR) 2:00 ♥ Snack (CK) – Bavarian Pretzels 2:00 ♣ Travelogue w/ Beth (GR) 6:30 ♣ Amazon Movie: (GR) - Death</p>	<p>24</p> <p>10:30 ♥ Exercise - Cardio (GR) 1:30 ♥ Friday Social w/ Hot Cocoa &amp; Cookies (GR) 2:00 ♣ Larry Shearer (GR) Life &amp; Music of Petula Clark 4:30 ∞ Shabbat Dinner (GR) w/ Pauline 7:00 ♣ Amazon Movie: (GR) – One Chance</p>	<p>25</p> <p>10:30 ♥ Exercise –DVD (GR) Strength &amp; Stretch 2:00 ♥ Snack (CK) – Muffins 2:00 ♣ Daisy Jones &amp; the Six E4 3:30 ♣ Independent Activities (AR) 6:30 ♣ Amazon Movie: (GR) – The Burial</p>
<p>26</p> <p>10:30 ♥ Exercise –Chair Yoga (GR) 2:00 ♥ Snack (CK) – Assorted Snacks 2:00 ♣ Daisy Jones &amp; the Six E5 3:30 ♣ Independent Activities (AR) 6:30 ♣ Amazon Movie: (GR) – Mona Lisa Smile</p>	<p><b>Holocaust Memorial Day</b> 27</p> <p>10:30 ♪ Sing w/ Joe (GR) 2:00 ♥ Snack (CK) – Yogurt Parfait 2:30 ♥ Exercise - Strength (GR) 3:15 ♣ Clay Class (AR) 6:30 ♣ Amazon Movie: A Gentleman’s Agreement</p>	<p>28</p> <p>10:30 ♥ Exercise - Cardio (GR) 2:00 ♣ Painting Class 101 (AR) 2:00 ♥ Snack (CK) – Baked Goods 3:30 ∞ Christian Services (GR) 6:30 ♣ Amazon Movie: (GR) – Bagdad Cafe</p>	<p>29</p> <p>10:30 ♥ Exercise - Cardio (GR) 2:00 ♥ Snack (CK) – Pudding Cups 2:00 ♣ BINGO (GR) 6:30 ♣ Amazon Movie: (GR) – Ride to Freedom : The Rosa Parks Story</p>	<p>30</p> <p>10:30 ♥ Exercise – Kristi’s Boot Camp (GR) 2:00 ♥ Snack (CK) – Bavarian Pretzels 2:30 ♦ Time w/ Rabbi (GR) 7:00 ♣ BINGO w/ Nancy (GR)</p>	<p>31</p> <p>10:30 ♥ Exercise - Cardio (GR) 1:30 ♥ Friday Social w/ Hot Cocoa &amp; Cookies (GR) 2:00 ♣ Brain Teasers (GR) 4:30 ∞ Shabbat Dinner (GR) w/ Pauline 7:00 ♣ Amazon Movie: (GR) – Flower Drum Song</p>	

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