

# October 2024



# Jewish Home

LODGE AT WOLK MANOR  
MEMORY CARE

- 🎵 Music    ❤️ Health    ☀️ Outings    ♠️ Fun
- ♣️ Inspiration    ♦️ Education    ∞ Spirituality

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p><b>All Activities are subject to change. Please see daily calendar for updates.</b></p>	<p><b>Rosh Hashanah</b></p>	<p>8:00 ♦ Breakfast and Chronicles <b>1</b></p> <p>9:30 ♥ Stretch it out</p> <p>10:30 ♣️ Crafting Corner</p> <p>12:00 Lunch</p> <p>1:30 🎵 Music w/ Bonnie</p> <p>2:30 ♠️ Cheese &amp; Cracker Tray</p> <p>3:00 ♠️ Board Games</p> <p>4:30 Dinner</p> <p>6:00 ♠️ Netflix</p>	<p>8:00 ♦ Breakfast and Chronicles <b>2</b></p> <p>9:30 ♥ Dancing</p> <p>10:30 ♦ "Toni Morrison: The Pieces I Am"</p> <p>12:00 Lunch</p> <p>1:00 ♣️ Painting Class</p> <p>2:30 ♠️ Apples &amp; Honey</p> <p>3:00 ♣️ Roc Dogs</p> <p>3:30 ∞ Rosh Hashanah Services w/ Rabbi</p> <p>4:30 Dinner</p> <p><b>Rosh Hashanah begins at sundown</b></p>	<p>8:00 ♦ Breakfast and Chronicles <b>3</b></p> <p>9:30 ♥ Seated Yoga</p> <p>10:45 ∞ Shofar Blowing</p> <p>12:00 Lunch</p> <p>1:30 ♠️ Rosh Hashanah Craft</p> <p>2:30 ♠️ Apples &amp; Honey</p> <p>3:00 ♦ Rosh Hashanah Trivia</p> <p>4:30 Dinner</p> <p>6:00 ♠️ TCM</p>	<p>8:00 ♦ Breakfast and Chronicles <b>4</b></p> <p>9:30 ♥ Chair Exercise</p> <p>11:00 ∞ Rosh Hashanah Services</p> <p>12:00 Lunch</p> <p>1:30 ♠️ Balloon Tennis</p> <p>2:30 ♠️ Apples &amp; Honey</p> <p>3:00 ♠️ Rosh Hashanah Puzzles/Coloring</p> <p>4:30 Dinner</p> <p>6:00 ♠️ Resident's Choice</p> <p><b>Rosh Hashanah ends at Sundown</b></p>	<p>8:00 Breakfast <b>5</b></p> <p>10:00 ♥ Stretch it out</p> <p>12:00 Lunch</p> <p>1:00 ♣️ Armchair Travels w/ Beth</p> <p>2:30 ♠️ Jello Cups</p> <p>3:00 ♠️ Facetime w/ Family</p> <p>4:30 Dinner</p> <p>6:00 ♠️ AGT</p>	
	<p>8:00 Breakfast <b>6</b></p> <p>10:00 ♥ Seated Yoga</p> <p>12:00 Lunch</p> <p>2:30 ♠️ Lays Potato Chips</p> <p>3:00 ♠️ Puzzles/Coloring</p> <p>4:30 Dinner</p> <p>6:00 ♠️ Hallmark</p>	<p>8:00 ♦ Breakfast and Chronicles <b>7</b></p> <p>9:30 ♥ Strength Training</p> <p>10:30 🎵 Sing w/ Joe at Wolk</p> <p>12:00 Lunch</p> <p>1:30 🎵 Music w/ Allen</p> <p>2:30 ♠️ Smoothies</p> <p>3:00 ♠️ Bingo</p> <p>4:30 Dinner</p> <p>6:00 ♠️ Series "Transatlantic"</p>	<p>8:00 ♦ Breakfast and Chronicles <b>8</b></p> <p>9:30 ♥ Move &amp; Groove</p> <p>10:30 🎵 Music w/ Standard Time</p> <p>12:00 Lunch</p> <p>1:30 🎵 Music w/ Bonnie</p> <p>2:30 ♠️ Fruit Platter</p> <p>3:00 ♠️ Board Games</p> <p>4:30 Dinner</p> <p>6:00 ♠️ Netflix</p>	<p>8:00 ♦ Breakfast and Chronicles <b>9</b></p> <p>9:30 ♥ Dancing</p> <p>10:30 ♦ "Apollo 13 Survival"</p> <p>12:00 Lunch</p> <p>1:00 ♣️ Painting Class</p> <p>2:30 ♠️ Fresh Cookies</p> <p>3:00 ♠️ Lacrosse Toss</p> <p>4:30 Dinner</p> <p>6:00 ♠️ Movie: "Queens Bees"</p>	<p>8:00 ♦ Breakfast and Chronicles <b>10</b></p> <p>9:30 ♥ Chair Exercise</p> <p>10:30 🎵 Music w/ Allen</p> <p>12:00 ☀️ Lunch at the Grill</p> <p>1:30 🎵 Music w/ Donna</p> <p>2:30 ♠️ Sun Chips</p> <p>3:00 ♦ Discussion</p> <p>4:30 Dinner</p> <p>6:00 ♠️ TCM</p>	<p>8:00 ♦ Breakfast and Chronicles <b>11</b></p> <p>9:30 ♥ Chair Exercise</p> <p>10:30 ♠️ Bucket Ball</p> <p>12:00 Lunch</p> <p>1:30 ♦ Yom Kippur Trivia</p> <p>2:30 ♠️ Veggie Tray</p> <p>3:00 ♠️ Puzzles/Coloring</p> <p>3:30 ∞ Services w/ Rabbi</p> <p>4:30 Dinner</p> <p><b>Yom Kippur begins at sundown</b></p>	<p>8:00 Breakfast <b>12</b></p> <p>10:00 ♥ Move &amp; Groove</p> <p>10:40 ∞ Yom Kippur Service</p> <p>12:00 Lunch</p> <p>2:00 ♠️ Puzzles/Coloring</p> <p>2:30 ♠️ Applesauce</p> <p>3:25 ∞ Yom Kippur: Yizkor and Neila Services</p> <p>4:30 Dinner</p> <p>6:00 ♠️ AGT</p> <p><b>Yom Kippur ends at sundown</b></p>
	<p>8:00 Breakfast <b>13</b></p> <p>10:00 ♥ Chair Exercise</p> <p>12:00 Lunch</p> <p>1:30 🎵 Music w/ Allen</p> <p>2:30 ♠️ Yogurt Cups</p> <p>3:00 🎵 Music w/ Sophie</p> <p>4:30 Dinner</p> <p>6:00 ♠️ Hallmark</p>	<p>8:00 ♦ Breakfast and Chronicles <b>14</b></p> <p>9:30 ♥ Strength Training</p> <p>10:30 🎵 Sing w/ Joe at Wolk</p> <p>12:00 Lunch</p> <p>1:30 🎵 Music w/ Melinda</p> <p>2:30 ♠️ Milkshakes</p> <p>3:00 ∞ Sukkah Decorating</p> <p>4:30 Dinner</p> <p>6:00 ♠️ Series "Transatlantic"</p> <p><b>Indigenous Peoples Day</b></p>	<p>8:00 ♦ Breakfast and Chronicles <b>15</b></p> <p>9:30 ♥ Seated Yoga</p> <p>10:30 🎵 Music w/ John</p> <p>12:00 Lunch</p> <p>1:30 ♠️ Board Games</p> <p>2:30 ♠️ Veggie and Fruit Tray</p> <p>3:00 ∞ Sukkah Decorating</p> <p>4:30 Dinner</p> <p>6:00 ♠️ Netflix</p>	<p>8:00 ♦ Breakfast and Chronicles <b>16</b></p> <p>9:30 ♥ Dancing</p> <p>10:30 ♣️ Painting Class</p> <p>12:00 Lunch</p> <p>1:00 ♦ "Mysteries of the Terracotta Warriors"</p> <p>3:00 ♣️ Roc Dogs</p> <p>3:30 ∞ Kiddush in the Sukkah w/ Rabbi</p> <p>4:30 Dinner</p> <p>6:00 ♠️ Movie: "Field of Dreams"</p> <p><b>Sukkot begins at sundown</b></p>	<p>8:00 ♦ Breakfast and Chronicles <b>17</b></p> <p>9:30 ♥ Stretch it out</p> <p>10:30 ♠️ Bean Bag Toss</p> <p>12:00 Lunch</p> <p>1:30 ♣️ Flower Arranging</p> <p>2:30 ♠️ Birthday Social/FS</p> <p>3:00 ♦ Sukkot Trivia</p> <p>4:30 Dinner</p> <p>6:00 ♠️ TCM</p>	<p>8:00 ♦ Breakfast and Chronicles <b>18</b></p> <p>9:30 ♥ Chair Exercise</p> <p>10:30 ♠️ Balloon Tennis</p> <p>12:00 Lunch</p> <p>1:30 ♠️ Sukkot Guess A Letter</p> <p>2:30 ♠️ Fruit Platter</p> <p>3:00 ♠️ Sukkot Puzzles/Coloring</p> <p>4:30 Dinner</p> <p>5:00 ∞ Dinner and Services w/ Pauline</p> <p>6:00 ♠️ Resident's Choice</p>	<p>8:00 Breakfast <b>19</b></p> <p>10:00 ♥ Seated Yoga</p> <p>12:00 Lunch</p> <p>2:00 🎵 Side by Side w/ Criss</p> <p>2:30 ♠️ Cheez Its</p> <p>3:00 ♠️ Facetime w/ Family</p> <p>4:30 Dinner</p> <p>6:00 ♠️ AGT</p>
	<p>8:00 Breakfast <b>20</b></p> <p>10:00 ♥ Stretch it out</p> <p>12:00 Lunch</p> <p>2:30 ♠️ Sun Chips</p> <p>3:00 ♠️ Puzzles/Coloring</p> <p>4:30 Dinner</p> <p>6:00 ♠️ Hallmark</p>	<p>8:00 ♦ Breakfast and Chronicles <b>21</b></p> <p>9:30 ♥ Strength Training</p> <p>10:30 🎵 Sing w/ Joe at Wolk</p> <p>12:00 Lunch</p> <p>1:30 🎵 Music w/ Allen</p> <p>2:30 ♠️ Smoothies</p> <p>3:30 ∞ Singing in the Sukkah w/ Silvana</p> <p>4:30 Dinner</p> <p>6:00 ♠️ Series "Transatlantic"</p>	<p>8:00 ♦ Breakfast and Chronicles <b>22</b></p> <p>9:30 ♥ Chair Exercise</p> <p>10:30 ♣️ Crafting Corner</p> <p>12:00 ☀️ Lunch in the GR (Italian)</p> <p>1:30 ♠️ Balloon Tennis</p> <p>2:30 ♠️ Birthday Social/AMB</p> <p>3:30 ∞ Christian Worship Services</p> <p>4:30 Dinner</p> <p>6:00 ♠️ Netflix</p>	<p>8:00 ♦ Breakfast and Chronicles <b>23</b></p> <p>9:30 ♥ Dancing</p> <p>10:30 ♦ "Yogi Berra: It Aint Over"</p> <p>12:00 Lunch</p> <p>1:00 ♣️ Painting Class</p> <p>2:30 ♠️ Cider &amp; Cookies w/ Rabbi in the Sukkah</p> <p>3:00 ♠️ Simchat Torah Guess A Letter</p> <p>4:30 Dinner</p> <p>6:00 ♠️ Movie: "Feel the Beat"</p> <p><b>Sukkot ends and Simchat Torah begins at sundown</b></p>	<p>8:00 ♦ Breakfast and Chronicles <b>24</b></p> <p>9:30 ♥ Move &amp; Groove</p> <p>10:30 ♠️ Bowling</p> <p>12:00 Lunch</p> <p>1:30 ♣️ Crafting Corner</p> <p>2:30 ♠️ Nutrifrain Bars</p> <p>3:00 ♦ Simchat Torah Trivia</p> <p>4:30 Dinner</p> <p>6:00 ♠️ TCM</p>	<p>8:00 ♦ Breakfast and Chronicles <b>25</b></p> <p>9:30 ♥ Chair Exercise</p> <p>10:00 ∞ Services at Wolk Manor</p> <p>12:00 Lunch</p> <p>1:30 ♦ Discussion</p> <p>2:30 ♠️ Fruit Platter</p> <p>3:00 ♠️ Puzzles/Coloring</p> <p>4:30 Dinner</p> <p>6:00 ♠️ Resident's Choice</p> <p><b>Simchat Torah ends at sundown</b></p>	<p>8:00 Breakfast <b>26</b></p> <p>10:00 ♥ Chair Exercise</p> <p>12:00 Lunch</p> <p>2:00 🎵 Side by Side w/ Criss</p> <p>2:30 ♠️ Yogurt Cups</p> <p>4:30 Dinner</p> <p>6:00 ♠️ AGT</p>
	<p>8:00 Breakfast <b>27</b></p> <p>10:00 ♥ Move &amp; Groove</p> <p>12:00 Lunch</p> <p>1:30 🎵 Music w/ Allen</p> <p>2:30 ♠️ Lorna Doone</p> <p>3:00 ♥ Ball Bounce</p> <p>4:30 Dinner</p> <p>6:00 ♠️ Hallmark</p>	<p>8:00 ♦ Breakfast and Chronicles <b>28</b></p> <p>9:30 ♥ Strength Training</p> <p>10:30 🎵 Sing w/ Joe at Wolk</p> <p>12:00 Lunch</p> <p>1:30 🎵 Music w/ Melinda</p> <p>2:30 ♠️ Milkshakes</p> <p>3:00 ♠️ Bingo</p> <p>4:30 Dinner</p> <p>6:00 ♠️ Series "Transatlantic"</p>	<p>8:00 ♦ Breakfast and Chronicles <b>29</b></p> <p>9:30 ♥ Stretch it out</p> <p>10:30 🎵 Music w/ John</p> <p>12:00 Lunch</p> <p>1:30 ♣️ Crafting Corner</p> <p>2:30 ♠️ Fruit Platter</p> <p>3:00 ♠️ Board Games</p> <p>4:30 Dinner</p> <p>6:00 ♠️ Netflix</p>	<p>8:00 ♦ Breakfast and Chronicles <b>30</b></p> <p>9:30 ♥ Dancing</p> <p>10:30 ♦ "Temple of Film"</p> <p>12:00 Lunch</p> <p>1:30 🎵 Music w/ Standard Time</p> <p>2:30 ♠️ Fresh Cookies</p> <p>3:00 ♣️ David Orange Talks: Negative Emotions</p> <p>4:30 Dinner</p> <p>6:00 ♠️ Movie: "The Royal Treatment"</p>	<p>8:00 ♦ Breakfast and Chronicles <b>31</b></p> <p>9:30 ♥ Seated Yoga</p> <p>10:30 🎵 Music w/ Allen</p> <p>12:00 Lunch</p> <p>1:30 🎵 Music w/ Donna</p> <p>2:30 ♠️ Oreos</p> <p>3:00 ♦ Trivia</p> <p>4:30 Dinner</p> <p>6:00 ♠️ TCM</p>	<p><b>YOM KIPPUR</b> WISH YOU PEACE AND GOODNESS</p>	
	<p><b>HAPPY SUKKOT</b></p>						