




January 2025

Live Music
 Health
 Outings
 Fun
 Inspiration
 Education
 Spirituality

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p>All Activities are subject to change. Please see daily calendar for updates.</p>	 <p>HAPPY CHANUKAH LIGHT · PEACE · LOVE <i>May you and your family continue to celebrate miracles.</i></p>	 <p>2025 Happy New Year!</p>	<p>8:00 ♦ Breakfast and Chronicles 1 9:30 ♥ Dancing 10:30 ♦ "Quincy" (Netflix) 12:00 Lunch 1:00 ♣ Painting Class 2:30 ♣ Cookies 3:00 ♣ Balloon Tennis 4:30 Dinner 6:00 ♣ "The Karate Kid"</p> <p>New Year's Day</p>	<p>8:00 ♦ Breakfast and Chronicles 2 9:30 ♥ Seated Yoga 10:30 ♣ Table Top Bowling 12:00 Lunch 1:30 ♪ Music w/ Standard Time 2:30 ♣ Sun Chips 3:00 ♦ Trivia 4:30 Dinner 6:00 ♣ TCM</p> <p>Chanukah ends at Sundown</p>	<p>8:00 ♦ Breakfast and Chronicles 3 9:30 ♥ Chair Exercise 10:30 ♣ Balloon Tennis 12:00 Lunch 1:30 ♪ Music w/ Allen 2:30 ♣ Hot Coco Bar 3:00 ♣ Puzzles/Coloring 4:30 Dinner 6:00 ♣ Resident's Choice</p>	<p>8:00 Breakfast 4 10:00 ♥ Stretch it out 12:00 Lunch 2:30 ♣ Fruit Cups 3:00 ♣ Facetime w/ Family 4:30 Dinner 6:00 ♣ AGT</p>	
	<p>8:00 Breakfast 5 10:00 ♥ Seated Yoga 12:00 Lunch 2:30 ♣ Yogurt Cups 3:00 ♪ Music w/ Sophie 4:30 Dinner 6:00 ♣ Hallmark</p>	<p>8:00 ♦ Breakfast and Chronicles 6 9:30 ♥ Strength Training 10:30 ♪ Sing w/ Joe at Wolk 12:00 Lunch 1:30 ♣ I Spy 2:30 ♣ Root Beer Floats 3:00 ♣ Gardening 4:30 Dinner 6:00 ♣ Series: "Transatlantic"</p>	<p>8:00 ♦ Breakfast and Chronicles 7 9:30 ♥ Stretch it out 10:30 ♪ Music w/ Bonnie 12:00 Lunch 1:30 ♣ Crafting Corner 2:30 ♣ Veggie Tray 3:00 ♣ Board Games 4:30 Dinner 6:00 ♣ Netflix</p>	<p>8:00 ♦ Breakfast and Chronicles 8 9:30 ♥ Dancing 10:30 ♦ "30 for 30: Celtics vs Lakers" 12:00 Lunch 1:00 ♣ Painting Class 2:30 ♣ Fresh Cookies 3:00 ♣ David Orange Talks 4:30 Dinner 6:00 ♣ "Work It"</p>	<p>8:00 ♦ Breakfast and Chronicles 9 9:30 ♥ Chair Exercise 10:30 ♪ Music w/ Standard Time 12:00 Lunch 1:30 ♣ "Gingerbread" Houses 2:30 ♣ Fruit Platter 3:00 ♦ Trivia 4:30 Dinner 6:00 ♣ TCM</p>	<p>8:00 ♦ Breakfast and Chronicles 10 9:30 ♥ Chair Exercise 10:30 ♣ Bucket Ball 12:00 Lunch 1:30 ☀ Bus Ride 2:30 ♣ Hot Coco Bar 3:00 ♣ Puzzles/Coloring 4:30 Dinner 6:00 ♣ Resident's Choice</p>	<p>8:00 Breakfast 11 10:00 ♥ Move & Groove 12:00 Lunch 2:00 ♪ Side by Slide w/ Criss 2:30 ♣ Oreos 4:30 Dinner 6:00 ♣ AGT</p>
	<p>8:00 Breakfast 12 10:00 ♥ Chair Exercise 12:00 Lunch 2:30 ♣ Jello Cups 3:00 ♥ Balloon Tennis 4:30 Dinner 6:00 ♣ Hallmark</p>	<p>8:00 ♦ Breakfast and Chronicles 13 9:30 ♥ Strength Training 10:30 ♪ Sing w/ Joe at Wolk 12:00 Lunch 1:30 ♪ Music w/ Melinda 2:30 ♣ Smoothies 3:00 ♣ AGT 4:30 Dinner 6:00 ♣ Series: "Transatlantic"</p>	<p>8:00 ♦ Breakfast and Chronicles 14 9:30 ♥ Move & Groove 10:30 ♪ Music w/ John 12:00 ☀ Lunch at the Grill 1:30 ♣ Name Five 2:30 ♣ Fruit Platter 3:00 ♣ Board Games 4:30 Dinner 6:00 ♣ Netflix</p>	<p>8:00 ♦ Breakfast and Chronicles 15 9:30 ♥ Dancing 10:30 ♣ Painting Class 12:00 Lunch 1:00 ♦ "Return of the King: Elvis Presley" 2:30 ♣ Fresh Cookies 3:00 ♣ Roc Dogs 4:30 Dinner 6:00 ♣ "Sixteen Candles"</p>	<p>8:00 ♦ Breakfast and Chronicles 16 9:30 ♥ Stretch it out 10:30 ♣ Stained Glass Snowflakes 12:00 Lunch 1:30 ♣ Junk Drawer Detectives 2:30 ♣ Nutrigrain Bars 3:00 ♦ Trivia 4:30 Dinner 6:00 ♣ TCM</p>	<p>8:00 ♦ Breakfast and Chronicles 17 9:30 ♥ Chair Exercise 10:30 ♣ Balloon Tennis 12:00 Lunch 1:30 ♪ Music w/ Allen 2:30 ♣ Hot Coco Bar 3:00 ♣ Puzzles/Coloring 4:30 Dinner 6:00 ♣ Resident's Choice</p>	<p>8:00 Breakfast 18 10:00 ♥ Seated Yoga 12:00 Lunch 2:30 ♣ Yogurt Cups 3:00 ♣ Facetime w/ Family 4:30 Dinner 6:00 ♣ AGT</p>
	<p>8:00 Breakfast 19 10:00 ♥ Stretch it out 12:00 Lunch 2:30 ♣ Cheez Its 3:00 ♣ Puzzles/Coloring 4:30 Dinner 6:00 ♣ Hallmark</p>	<p>8:00 ♦ Breakfast and Chronicles 20 9:30 ♥ Strength Training 10:30 ♪ Sing w/ Joe at Wolk 12:00 Lunch 1:30 ♪ Music w/ Allen 2:30 ♣ Milkshakes 3:00 ♣ Horticultural Therapy w/ Bambi 4:30 Dinner 6:00 ♣ Series: "Transatlantic" Martin Luther King Jr. Day</p>	<p>8:00 ♦ Breakfast and Chronicles 21 9:30 ♥ Seated Yoga 10:30 ♪ Music w/ Bonnie 12:00 Lunch 1:30 ♦ Discussion 2:30 ♣ Cheese and Cracker Tray 3:00 ♣ Board Games 4:30 Dinner 6:00 ♣ Netflix</p>	<p>8:00 ♦ Breakfast and Chronicles 22 9:30 ♥ Dancing 10:30 ♦ "Man on Wire" 12:00 Lunch 1:00 ♣ Painting Class 2:30 ♣ Fresh Cookies 3:00 ♣ Alphabet Soup 4:30 Dinner 6:00 ♣ "Aloha"</p>	<p>8:00 ♦ Breakfast and Chronicles 23 9:30 ♥ Move & Groove 10:30 ♣ Balloon Tennis 12:00 Lunch 1:00 ♣ Armchair Travels w/ Beth 2:30 ♣ Fruit Platter 3:00 ♦ Trivia 4:30 Dinner 6:00 ♣ TCM</p>	<p>8:00 ♦ Breakfast and Chronicles 24 9:30 ♥ Chair Exercise 10:30 ♣ Bucket Ball 12:00 Lunch 1:30 ☀ Bus Ride 2:30 ♣ Hot Coco Bar 3:00 ♣ Puzzles/Coloring 4:30 Dinner 6:00 ♣ Resident's Choice</p>	<p>8:00 Breakfast 25 10:00 ♥ Chair Exercise 12:00 Lunch 2:00 ♪ Side by Slide w/ Criss 2:30 ♣ Jello Cups 4:30 Dinner 6:00 ♣ AGT</p>
	<p>8:00 Breakfast 26 10:00 ♥ Move & Groove 12:00 Lunch 2:30 ♣ Fruit Cups 3:00 ♥ Ball Bounce 4:30 Dinner 6:00 ♣ Hallmark</p>	<p>8:00 ♦ Breakfast and Chronicles 27 9:30 ♥ Strength Training 10:30 ♪ Sing w/ Joe at Wolk 12:00 Lunch 1:30 ♪ Music w/ Melinda 2:30 ♣ Smoothies 3:00 ♣ Bingo 4:30 Dinner 6:00 ♣ Series: "Transatlantic" Holocaust Memorial Day</p>	<p>8:00 ♦ Breakfast and Chronicles 28 9:30 ♥ Chair Exercise 10:30 ♪ Music w/ John 12:00 ☀ Lunch in the GR (Pizza Party) 1:30 ♪ Music w/ Bonnie 2:30 ♣ Fruit Platter 3:30 ♣ Christian Worship Services 4:30 Dinner 6:00 ♣ Netflix</p>	<p>8:00 ♦ Breakfast and Chronicles 29 9:30 ♥ Dancing 10:30 ♦ "Hans Zimmer" 12:00 Lunch 1:30 ♣ Art Workshop 2:30 ♣ Fresh Cookies 3:00 ♣ Cards for Family 4:30 Dinner 6:00 ♣ "Quiet Victory"</p>	<p>8:00 ♦ Breakfast and Chronicles 30 9:30 ♥ Seated Yoga 10:30 ♪ Music w/ Standard Time 12:00 Lunch 1:30 ♣ Rolling Up Pizza 2:30 ♣ Sun Chips 3:00 ♦ Trivia 4:30 Dinner 6:00 ♣ TCM</p>	<p>8:00 ♦ Breakfast and Chronicles 31 9:30 ♥ Chair Exercise 10:30 ♣ Balloon Tennis 12:00 Lunch 1:30 ♪ Music w/ Allen 2:30 ♣ Birthday Social/LP 3:00 ♣ Puzzles/Coloring 4:30 Dinner 6:00 ♣ Resident's Choice</p>	 <p>MARTIN LUTHER KING DAY I HAVE A DREAM</p>