



February 2025

Jewish Home
 LODGE AT WOLK MANOR
 MEMORY CARE

- 🎵 Live Music ❤️ Health ☀️ Outings ♠️ Fun
- ♣️ Inspiration ♦️ Education ♾️ Spirituality

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>All Activities are subject to change. Please see daily calendar for updates.</p>						
<p>8:00 Breakfast 2</p> <p>10:00♥ Seated Yoga</p> <p>12:00 Lunch</p> <p>2:30♠ Yogurt Cups</p> <p>3:00♠ Puzzles/Coloring</p> <p>4:30 Dinner</p> <p>6:00♠ Hallmark</p>	<p>8:00♦ Breakfast and Chronicles 3</p> <p>9:30♥ Strength Training</p> <p>10:30🎵 Sing w/ Joe at Wolk</p> <p>12:00 Lunch</p> <p>1:30🎵 Music w/ Allen</p> <p>2:30♠ Smoothies</p> <p>3:00♠ Bingo</p> <p>4:30 Dinner</p> <p>6:00♠ Series: "Self Made"</p>	<p>8:00♦ Breakfast and Chronicles 4</p> <p>9:30♥ Stretch it out</p> <p>10:30🎵 Music w/ John</p> <p>12:00 Lunch</p> <p>1:30♣️ Crafting Corner</p> <p>2:30♠ Veggie Tray</p> <p>3:00♠ Board Games</p> <p>4:30 Dinner</p> <p>6:00♠ Netflix</p>	<p>8:00♦ Breakfast and Chronicles 5</p> <p>9:30♥ Dancing</p> <p>10:30♦ "Black Barbie"</p> <p>12:00 Lunch</p> <p>1:00♣️ Painting Class</p> <p>2:30♠ Fresh Cookies</p> <p>3:00♣️ Roc Dogs</p> <p>4:30 Dinner</p> <p>6:00♠ Movie: "Barry"</p>	<p>8:00♦ Breakfast and Chronicles 6</p> <p>9:30♥ Seated Yoga</p> <p>10:30🎵 Music w/ Standard Time</p> <p>12:00 Lunch</p> <p>1:30🎵 Music w/ Donna</p> <p>2:30♠ Sun Chips</p> <p>3:00♠ AGT</p> <p>4:30 Dinner</p> <p>6:00♠ TCM</p>	<p>8:00♦ Breakfast and Chronicles 7</p> <p>9:30♥ Chair Exercise</p> <p>10:30♠ Balloon Tennis</p> <p>12:00 Lunch</p> <p>1:30☀️ Bus Ride</p> <p>2:30♠ Hot Coco Bar</p> <p>3:00♠ Puzzles/Coloring</p> <p>4:30 Dinner</p> <p>6:00♠ Resident's Choice</p>	<p>8:00 Breakfast 8</p> <p>10:00♥ Move & Groove</p> <p>12:00 Lunch</p> <p>2:00🎵 Side by Side w/ Criss</p> <p>2:30♠ Oreos</p> <p>4:30 Dinner</p> <p>6:00♠ AGT</p>
<p>8:00 Breakfast 9</p> <p>10:00♥ Chair Exercise</p> <p>12:00 Lunch</p> <p>1:30🎵 Music w/ Allen</p> <p>2:30♠ Jello Cups</p> <p>3:00♥ Balloon Tennis</p> <p>4:30 Dinner</p> <p>6:30♠ Super Bowl Party!</p> <p style="text-align: center;">Super Bowl Sunday</p>	<p>8:00♦ Breakfast and Chronicles 10</p> <p>9:30♥ Strength Training</p> <p>10:30🎵 Sing w/ Joe at Wolk</p> <p>12:00 Lunch</p> <p>1:30🎵 Music w/ Melinda</p> <p>2:30♠ Milkshakes</p> <p>3:00♠ Bingo</p> <p>4:30 Dinner</p> <p>6:00♠ Series: "Self Made"</p>	<p>8:00♦ Breakfast and Chronicles 11</p> <p>9:30♥ Move & Groove</p> <p>10:30♠ Name Five</p> <p>12:00☀️ Lunch at the Grill</p> <p>1:30🎵 Music w/ Bonnie</p> <p>2:30♠ Fruit Platter</p> <p>3:00♠ Board Games</p> <p>4:30 Dinner</p> <p>6:00♠ Netflix</p>	<p>8:00♦ Breakfast and Chronicles 12</p> <p>9:30♥ Dancing</p> <p>10:30♠ "Notting Hill"</p> <p>12:00 Lunch</p> <p>1:00♣️ Painting Class</p> <p>2:30♠ Lorna Doone</p> <p>3:00♣️ David Orange Talks</p> <p>4:30 Dinner</p> <p>6:00♠ Movie: "Love Actually"</p> <p style="text-align: center;">Tu Bishvat starts at Sundown</p>	<p>8:00♦ Breakfast and Chronicles 13</p> <p>9:30♥ Chair Exercise</p> <p>10:30♦ Trivia</p> <p>12:00 Lunch</p> <p>1:30🎵 Name That Tune</p> <p>2:30♠ Tu Bishvat Trail Mix</p> <p>3:00♠ AGT</p> <p>4:30 Dinner</p> <p>6:00♠ TCM</p> <p style="text-align: center;">Tu Bishvat ends at Sundown</p>	<p>8:00♦ Breakfast and Chronicles 14</p> <p>9:30♥ Chair Exercise</p> <p>10:30♠ Bucket Toss</p> <p>12:00 Lunch</p> <p>1:30🎵 Music w/ Allen</p> <p>2:30♠ Sweetheart's Day Soiree</p> <p>4:30 Dinner</p> <p>6:00♠ Resident's Choice</p> <p style="text-align: center;">Sweetheart's Day</p>	<p>8:00 Breakfast 15</p> <p>10:00♥ Seated Yoga</p> <p>12:00 Lunch</p> <p>2:30♠ Yogurts Cups</p> <p>3:00♠ Facetime w/ Family</p> <p>4:30 Dinner</p> <p>6:00♠ AGT</p>
<p>8:00 Breakfast 16</p> <p>10:00♥ Stretch it out</p> <p>12:00 Lunch</p> <p>2:30♠ Cheez Its</p> <p>3:00♠ Music w/ Sophie</p> <p>4:30 Dinner</p> <p>6:00♠ Hallmark</p>	<p>8:00♦ Breakfast and Chronicles 17</p> <p>9:30♥ Strength Training</p> <p>10:30🎵 Sing w/ Joe at Wolk</p> <p>12:00 Lunch</p> <p>1:30🎵 Music w/ Allen</p> <p>2:30♠ Root Beer Floats</p> <p>3:00♠ Horticultural Therapy w/ Bambi</p> <p>4:30 Dinner</p> <p>6:00♠ Series: "Self Made"</p> <p style="text-align: center;">President's Day</p>	<p>8:00♦ Breakfast and Chronicles 18</p> <p>9:30♥ Seated Yoga</p> <p>10:30♠ Stain Glass Snowflakes</p> <p>12:00 Lunch</p> <p>1:30♦ Discussion</p> <p>2:30♠ Veggie Tray</p> <p>3:00♠ Board Games</p> <p>4:30 Dinner</p> <p>6:00♠ Netflix</p>	<p>8:00♦ Breakfast and Chronicles 19</p> <p>9:30♥ Dancing</p> <p>10:30♣️ Painting Class</p> <p>12:00 Lunch</p> <p>1:00♦ "Giving Voice"</p> <p>2:30♠ Fresh Cookies</p> <p>3:00♣️ Roc Dogs</p> <p>4:30 Dinner</p> <p>6:00♠ Movie: "Six Triple Eight"</p>	<p>8:00♦ Breakfast and Chronicles 20</p> <p>9:30♥ Stretch it out</p> <p>10:30♦ Trivia</p> <p>12:00 Lunch</p> <p>1:30🎵 Music w/ Donna</p> <p>2:30♠ Cheese & Cracker Tray</p> <p>3:00♠ AGT</p> <p>4:30 Dinner</p> <p>6:00♠ TCM</p>	<p>8:00♦ Breakfast and Chronicles 21</p> <p>9:30♥ Chair Exercise</p> <p>10:30🎵 Music w/ Standard Time</p> <p>12:00 Lunch</p> <p>1:30☀️ Bus Ride</p> <p>2:30♠ Hot Coco Bar</p> <p>3:00♠ Puzzles/Coloring</p> <p>4:30 Dinner</p> <p>6:00♠ Resident's Choice</p>	<p>8:00 Breakfast 22</p> <p>10:00♥ Chair Exercise</p> <p>12:00 Lunch</p> <p>2:00🎵 Side by Side w/ Criss</p> <p>2:30♠ Jello Cups</p> <p>4:30 Dinner</p> <p>6:00♠ AGT</p>
<p>8:00 Breakfast 23</p> <p>10:00♥ Move & Groove</p> <p>12:00 Lunch</p> <p>1:30🎵 Music w/ Allen</p> <p>2:30♠ Fruit Cups</p> <p>3:00♥ Ball Bounce</p> <p>4:30 Dinner</p> <p>6:00♠ Hallmark</p>	<p>8:00♦ Breakfast and Chronicles 24</p> <p>9:30♥ Strength Training</p> <p>10:30🎵 Sing w/ Joe at Wolk</p> <p>12:00 Lunch</p> <p>1:30🎵 Music w/ Melinda</p> <p>2:30♠ Smoothies</p> <p>3:00♠ Bingo</p> <p>4:30 Dinner</p> <p>6:00♠ Series: "Self Made"</p>	<p>8:00♦ Breakfast and Chronicles 25</p> <p>9:30♥ Chair Exercise</p> <p>10:30🎵 Music w/ John</p> <p>12:00☀️ Lunch in the GR (Chinese)</p> <p>1:30🎵 Music w/ Bonnie</p> <p>2:30♠ Fruit Platter</p> <p>3:30♾️ Christian Worship Services</p> <p>4:30 Dinner</p> <p>6:00♠ Netflix</p>	<p>8:00♦ Breakfast and Chronicles 26</p> <p>9:30♥ Dancing</p> <p>10:30♦ "Descendant"</p> <p>12:00 Lunch</p> <p>1:00♣️ Painting Class</p> <p>2:30♠ Fresh Cookies</p> <p>3:00♾️ Jewish Education w/ Silvana</p> <p>4:30 Dinner</p> <p>6:00♠ Movie: "Rustin"</p>	<p>8:00♦ Breakfast and Chronicles 27</p> <p>9:30♥ Move & Groove</p> <p>10:30♦ Trivia</p> <p>12:00 Lunch</p> <p>1:00♣️ Armchair Travels w/ Beth</p> <p>2:30♠ Sun Chips</p> <p>3:00♠ AGT</p> <p>4:30 Dinner</p> <p>6:00♠ TCM</p>	<p>8:00♦ Breakfast and Chronicles 28</p> <p>9:30♥ Chair Exercise</p> <p>10:30🎵 Music w/ Standard Time</p> <p>12:00 Lunch</p> <p>1:30🎵 Music w/ Allen</p> <p>2:30♠ Hot Coco Bar</p> <p>3:00♠ Puzzles/Coloring</p> <p>4:30 Dinner</p> <p>6:00♠ Resident's Choice</p>	