

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Program Location Key: AR- Art Room CK- Country Kitchen FR- Family Room GR- Great Room RN- Reading Nook SUM- Summit					All Events are Subject to Change! Refer to Daily Calendars and/or In House TV Channel	
10:30 ❤️ Exercise –Chair Yoga 2 (GR) 2:00 ❤️ Snack (CK) Assorted Snacks 2:30 ♠️ Netflix Doc (GR) – American Symphony 6:30 ♠️ PR Amazon Movie: (GR) Beaches	10:30 🎵 Sing-A-Long w/ Joe (GR) 3 2:00 ❤️ Snack (CK) – Yogurt Parfait 2:00 ♠️ Broadway Bob (GR) 3:15 ❤️ Exercise – Yoga (GR) 6:30 ♠️ PR Amazon Movie: Annie Hall	10:30 ❤️ Exercise – Zumba (GR) 4 2:00 ♣️ Painting Class 101 (GR) 2:00 ❤️ Snack (CK) – Baked Goods 3:15 ♠️ Board Games (GR) 6:30 ♠️ Amazon Movie: (GR) – Return To Me	10:30 ❤️ Exercise - Cardio (GR) 5 11:00 ♦️ Food Forum W/ Qais (GR) 2:00 ❤️ Snack (CK) – Cracker Jacks/Popcorn 2:00 ♠️ Resident Council (AR) 3:00 ♣️ ROC DOG Visitors (FR) 6:30 ♠️ Netflix Movie: (GR) – Will &	10:30 ❤️ Exercise – Kristi’s Boot Camp (GR) 6 2:00 ❤️ Snack (CK) – Bavarian Pretzels 2:00 ♣️ Painting Class 101 (AR) 7:00 ♠️ BINGO w/ Nancy (GR)	10:30 ❤️ Exercise - Cardio (GR) 7 1:30 ❤️ Friday Social w/ Hot Cocoa & Cookies (GR) 2:00 ♠️ Brain Teasers (GR) 4:30 ∞ Shabbat Dinner (GR) w/ Pauline 7:00 ♠️ Amazon Movie: (GR) – Unstoppable	10:30 ❤️ Exercise –DVD (GR) 1 Strength & Stretch 2:00 ❤️ Snack (CK) – Muffins/Danishes 2:30 ♠️ Netflix Com (GR) –Trevor Noah 6:30 ♠️ Netflix Movie: (GR) – The Six Triple Eight
SUPER BOWL LIX 9 10:30 ❤️ Exercise –Chair Yoga (GR) 2:00 ❤️ Snack (CK) Assorted Snacks 2:30 ♠️ Netflix Doc (GR) - Quincy 6:30 ♠️ Super Bowl LIX (GR)	10 10:30 🎵 Sing-A-Long w/ Joe (GR) 2:00 ❤️ Snack (CK) – Yogurt Parfait 2:00 ♠️ BINGO (GR) 3:15 ♠️ Clay Class W/ Barb (AR) 6:30 ♠️ PR Amazon Movie (GR) – The Glen Miller Story Kristi Off	11 10:30 ❤️ Exercise - Zumba (GR) 2:00 ♣️ Painting Class 101 (GR) 2:00 ❤️ Snack (CK) – Baked Goods 3:15 ♦️ Jewish Education w/ Silvana (GR) 6:30 ♠️ Amazon Movie: (GR) – Eiffel	Tu Bishvat starts @ sundown 12 10:30 ❤️ Exercise - Cardio (GR) 1:30 🎵 Live Music w/ Josh Shapiro (GR) 2:00 ❤️ Snack (CK) – Cracker Jacks/Popcorn 3:00 ♣️ ROC DOG Visitors (FR) 6:30 ♠️ Netflix Movie: (GR) – Becoming	Tu Bishvat ends @ sundown 13 10:30 ❤️ Exercise – Kristi’s Boot Camp (GR) 2:00 ❤️ Happy Hour w/ Snack and Games (GR) – 7 fruits 6:30 ♠️ Netflix Movie: (GR) – The Forge	Sweetheart’s Day 14 10:30 ❤️ Exercise - Cardio (GR) 1:30 ❤️ Friday Social w/ Hot Cocoa & Cookies (GR) 2:00 ♠️ Larry Shearer (GR) Life & Music of Diana Ross 4:30 ∞ Shabbat Dinner (GR) w/ Pauline 7:00 ♠️ Amazon Movie: (GR) – The Lost Valentine	10:30 ❤️ Exercise –DVD (GR) 15 Strength & Stretch 2:00 ❤️ Snack (CK) – Muffins/Danishes 2:30 ♠️ Netflix Doc (GR) – Colin in Black & White 6:30 ♠️ PR Amazon Movie: (GR) Moonstruck
10:30 ❤️ Exercise –Chair Yoga 16 (GR) 2:00 ❤️ Snack (CK) Assorted Snacks 3:00 🎵 Live music w/ Sophie McCotter (GR) 6:30 ♠️ PR Amazon Movie: (GR) – Walk the Line	President’s Day 17 10:30 🎵 Sing-A-Long w/ Joe (GR) 1:30 ♣️ Horticulture Therapy w/ Bambi (AR) 2:00 ❤️ Snack (CK) – Yogurt Parfait 3:15 ♠️ Clay Class (AR) 6:30 ♠️ PR Amazon Movie: (GR) Flight	10:30 ❤️ Exercise - Zumba (GR) 18 12:00 ☀️ Luncheon (SUM) 2:00 ♣️ Painting Class 101 (GR) 2:00 ❤️ Snack (CK) – Baked Goods 3:15 ♣️ Tuesday Thoughts w/ David Orange (GR) 6:30 ♠️ Amazon Movie: (GR) – Lee Daniels The Butler	19 10:30 ❤️ Exercise - Cardio (GR) 2:00 ❤️ Snack (CK) – Cracker Jacks/Popcorn 2:00 🎵 Live Music w/ Debbie McCullough (GR) 6:30 ♠️ Netflix Movie: (GR) – Ma Rainey’s Black Bottom	20 10:30 ♦️ Debby Kornfeld Discussion (GR) 2:00 ❤️ Snack (CK) – Bavarian Pretzels 2:00 ♣️ Painting Class 101 (AR) 3:15 ♦️ Town Hall Meeting (GR) 6:30 ♠️ Amazon Movie: (GR) – Breakfast at Tiffany’s	10:30 ❤️ Exercise - Cardio (GR) 21 1:30 ❤️ Friday Social w/ Hot Cocoa & Cookies (GR) 2:00 ♠️ BINGO (GR) 4:30 ∞ Shabbat Dinner (GR) w/ Pauline 7:00 ♠️ Netflix Movie: (GR) – Stand By Me	10:30 ❤️ Exercise –DVD (GR) 22 Strength & Stretch 2:00 ❤️ Snack (CK) – Muffins/Danishes 2:30 ♠️ Amazon Doc (GR) Harry & Snowman 6:30 ♠️ PR Amazon Movie: (GR) Driving Miss Daisy
10:30 ❤️ Exercise –Chair Yoga (GR) 23 2:00 ❤️ Snack (CK) Assorted Snacks 2:30 ♠️ PR Amazon Movie: (GR) – What Happened, Miss Simone? 6:30 ♠️ PR Amazon Movie: (GR) – Being There	24 10:30 🎵 Sing-A-Long w/ Joe (GR) 2:00 ❤️ Snack (CK) – Yogurt Parfait 2:00 ❤️ Exercise – Kristi’s Boot Camp (GR) 3:15 ♠️ Clay Class (AR) 6:30 ♠️ PR Amazon Movie: Wicked	25 10:30 ❤️ Exercise - Zumba (GR) 2:00 ♣️ Painting Class 101 (GR) 2:00 ❤️ Snack (CK) – Baked Goods 3:15 ♠️ Brain Teasers (GR) 6:30 🎵 Live music w/ Mike Kornrich (GR)	26 10:30 ❤️ Exercise - Cardio (GR) 2:00 ♠️ Birthday Party (GR) 3:00 ♣️ ROC DOG Visitors (FR) 4:00 ♣️ Better Together Dinner (GR) 6:30 ♠️ Amazon Movie: (GR) – The Great Debaters	27 10:30 ❤️ Exercise – Kristi’s Boot Camp (GR) 2:00 ❤️ Snack (CK) – Bavarian Pretzels 2:00 ♠️ Travelogue W/ Beth (GR) 3:15 ♦️ Time w/ Rabbi (GR) 7:00 ♠️ BINGO w/ Nancy (GR)	10:30 ❤️ Exercise - Cardio (GR) 28 1:30 ❤️ Friday Social w/ Hot Cocoa & Cookies (GR) 2:00 ♠️ Larry Shearer (GR) Greatest Moments of The Muppet Show 4:30 ∞ Shabbat Dinner (GR) w/ Pauline 7:00 ♠️ Amazon Movie: (GR) – Ball of Fire	