Day Program 2025

Mon	Tue	Wed	Thu	Fri
9:30 am News and Views 10:00 am Chair exercises 10:30 am Word-man! 11:30 am Lunch 12:00 pm Member social time 12:15 pm Writing Group	9:00 am Coffee Hour & Activity Cart 9:30 am News and Views 0:00 am Jeopardy! 1:30 am Lunch Music Appreciation Group 2:15 pm Gift Shop Cart 1:00 pm Bingo! 2:00 pm Open Recreation	9:00 am 9:30 am News and Views 10:00 am Art Cart: Weekly Craft Lunch 12:00 pm Member social time 12:15 pm Men's group 1:00 pm Armchair Travel: New Zealand 1:30 pm Snack cart Coffee Hour & Activity Cart Mews and Views Art Cart: Weekly Craft Lunch Member social time Men's group Coffee Hour & Activity Cart News and Views Art Cart: Weekly Craft Lunch Member social time Men's group Coffee Hour & Activity Cart News and Views Art Cart: Weekly Craft Lunch Member social time Men's group Coffee Hour & Activity Cart News and Views Craft Lunch Member social time Men's group Coffee Hour & Activity Cart Coffee Hour & Activit	9:00 am Coffee Hour & Activity Cart 9:30 am News and Views 10:00 am Morning Movie: A Bills Love Story 11:30 am Lunch 12:00 pm Member social time 12:15 pm Worship group 1:00 pm Zumba with Denise 1:30 pm Ice Cream cart 2:00 pm Open Recreation *Small group out to George Eastman House*	9:00 am Coffee Hour & Activity Cart 9:30 am News and Views 10:00 am Morning Movie: Aristocats 11:30 am Lunch 12:00 pm Member social time 12:15 pm Reading Group 1:00 pm Bingo! 1:30 pm Snack cart 2:00 pm Open Recreation
9:30 am News and Views 10:00 am Chair exercises 10:30 am Let's learn about lemurs 11:30 am Lunch 12:00 pm Member social time 12:15 pm Writing Group 12:45 pm Live music with Tom Dunn 2:00 pm Open Recreation	9:00 am Coffee Hour & Activity Cart 9:30 am News and Views 9:00 am Laverne and Shirley 1:30 am Lunch 2:15 pm Gift Shop Cart 2:15 pm Music Appreciation Group Gift Shop Cart 1:00 pm Worship Service 1:30 pm Junk Drawer Detectives 2:00 pm Open Recreation * Small group shopping at 5 Below*	9:00 am 9:30 am News and Views 10:00 am Chair exercises/ Roc Therapy dogs visit 10:30 am 11:30 am Lunch 12:00 pm Member social time 12:15 pm Men's group 1:00 pm Singo! Snack Cart Open Recreation	9:00 am 9:30 am News and Views 10:00 am Art Cart: Weekly Craft Lunch 12:00 pm Member social time 12:15 pm Vorship group 1:00 pm 1:30 pm Snack Cart 2:00 pm Open Recreation	ADHC Holiday Party 2025 *Holiday Bingo!* * Pizza Lunch* *DJ Dance Party* * *** **** **** **** **** **** **** ****
10:00 am Who wants to be a Millionaire? 11:30 am Lunch 12:00 pm Member social time 12:15 pm Writing group 12:45 pm Don and Walt perform Beatles Tunes *New*	2:00 am Coffee Hour & Activity Cart 1:30 am News and Views 1:00 am Art Cart: Weekly Craft 1:30 am Lunch 1:15 pm Music Appreciation Group 1:15 pm Gift Shop Cart 1:00 pm Bingo! 1:00 pm Open Recreation	9:00 am Coffee Hour & Activity Cart 17 9:30 am News and Views 10:00 am Family Feud 11:30 am Lunch 12:00 pm Member social time and small group games 12:15 pm Men's Group 1:00 pm Armchair Travel: Bali 1:30 pm Snack Cart 2:00 pm Open Recreation * Small group out to lunch at Wendy's *	9:00 am Coffee Hour & Activity Cart 9:30 am News and Views 10:00 am Chair Exercise 10:30 am Give Me 5 11:30 am Lunch 12:15 am Worship group 1:00 pm Bingo! 1:30 pm Snack 2:00 pm Open Recreation	9:00 am 9:30 am News and Views 10:00 am Morning Movie: Home Alone 2 Lunch 12:00 pm Member social time Reading Group 12:45 pm Celebrate December Birthdays with ice cream and The Moondance Band Coffee Hour & Activity Cart News and Views Morning Movie: Home Alone 2 Lunch Member social time Reading Group Celebrate December Birthdays with ice cream and The Moondance Band Open Recreation
9:30 am News and Views 10:00 am Chair exercises 10:30 am Let's learn about reindeer 11:30 am Lunch 12:00 pm Member social time 12:15 pm Writing group 1:00 pm Holiday Sing A-long 1:30 pm Snack Cart 9 10 11 10 11 11 11 11 11 11 11 11 11 11	230 am Coffee Hour & Activity Cart News and Views 2:30 am Chair exercises 2:30 am Holiday Reminiscing: 25 Holiday Traditions that vanished *New* 1:30 am Lunch 2:15 pm Music Appreciation Group Gift Shop Cart 1:00 pm Bingo! 2:00 pm Open Recreation	9:00 am 9:30 am 10:00 am 10:00 am 10:00 am Coffee Hour & Activity Cart 24 News and Views ROC Therapy dogs visit/ Jeopardy! Lunch 12:00 pm Member social time and small group games 12:15 pm 12:45 pm 12:00 pm Coffee Hour & Activity Cart 24 News and Views ROC Therapy dogs visit/ Jeopardy! Lunch Member social time and small group games Men's group Live music with Dave McGrath Open Recreation	Program Closed. * Happy * * HOLIDAYS	9:00 am 9:30 am News and Views 10:00 am Morning Movie: Hole in the Head (Frank Sinatra) 11:30 am Lunch 12:00 pm Member social time 12:15 pm Reading Group 1:00 pm Open Mic/ Karaoke 1:30 pm Snack Cart 2:00 pm Open Recreation
9:30 am News and Views 9 10:00 am Chair exercises 10:30 am Trivia 11:00 am Community Meeting 11:30 am Lunch 12:00 pm Member social time 12:15 pm Writing group 9 10 11 11 11 11 11 11 11 11 11 11 11 11	2:00 am Coffee Hour & Activity Cart News and Views Deal or No Deal Lunch Lunch Ciff Shop Cart Chair exercises Lico pm Junk Drawer Detectives Open Recreation	9:00 am 9:30 am 10:00 am 10:00 am 10:00 am 11:30 am 11:50 am 12:00 pm 12:15 pm 12:45 pm 12:00 pm Coffee Hour & Activity Cart 31 News and Views New Year's Traditions from around the world/ NYE Bingo! Lunch New Year's Countdown! Member social time and small group games Men's group The Music Maker's Big Band! Open Recreation		* ember